MASTER DEGREE COUNSELING PROGRAMS

STUDENT HANDBOOK



Department of Counselor Education

Sam Houston State University

Huntsville, Texas 77341-2119

Phone (936) 294 - 4148

Email: mycounselingdegree@shsu.edu

(rev. June 2016)

TABLE OF CONTENTS

Introduction	5
Letter to Students	6
Professional Identity	7
Philosophy	8
About Your Certification and Licensure Options	8
Clinical Mental Health Counseling/(LPC Intern)	
Marriage, Couple, and Family Counseling/(LMFT Associate)	
School Counseling.	
Pre-requisites for Program Admission	11
Course Prerequisites	14
Degree Requirements	15
M.Ed. School Counselor and Certification.	
M. A. Counseling (CMHC specialization)	16
M. A. Counseling (MCFC specialization)	
Examples of the Sequence of Courses	
School Counselor Track for Full and Part-Time Students	
CMHC Track for Full and Part-Time Students	
Marriage, Couple, and Family Counseling Coursework	
Course Advisement For Master's In Counseling Programs	22
Counseling Program Faculty and Staff	23
Campus Services	25
BearKat One Card.	
Academic Library	
Writing Center	

	University Counseling Center	. 26
	Career Planning and Placement Center	
	Computer Services.	
	•	
Initial	Academic Procedures	.27
	Initial Entry Into the Program	
	Three Possible Types of Admission to Graduate Studies	
	Prior to Registration.	28
Candi	dacy for the Master's Degree	29
	Upon Completion First 18 Semester Hours of Coursework	29
	Procedures For Filing For Candidacy	29
	Professional Review of Counseling Students	31
	Semester Before Enrolling in COUN 6376 Supervised Practice in Counseling	31
	Semester Before Enrolling in COUN 6386 Internship	31
	During Semester Enrolled in COUN 6386 Internship	32
	•	
Proce	dures for Recommending Students for Credentialing/Employment	32
Reme	diation Protocol for Master's Candidacy Applicants	. 32
Exclu	sion of Students	35
<i>a</i> ·	D 1'	2.5
Griev	ance Policy	35
Drooti	oum /Clinical Information	20
Pracu	cum /Clinical Information	
	Philosophy	
	Practicum Curriculum.	38
	Practicum Requirements	38
	COUN 5385 Pre-Practicum: Techniques of Counseling	40
	COON 3363 FTC-F facticum. Techniques of Counseling	+0
	COUN 6374 Practicum in Group Counseling	40
	Coon 0574 Practicum in Group Counseling	70
	COUN 6376 Supervised Practice in Counseling	40
	Coort of to Supervised Fractice in Counseling	. - FO
	Supervision	41
	ouper violon	71
	Services	41

Client Case Assignments and Procedures	42
Procedures for Scheduling or Obtaining Counseling	42
Procedures for Counseling Sessions	
Care and Maintenance of Clinical Records	
Audio- and Video-recording	
Student Liability Insurance	
Referral Services and Relationship with Other Agencies	
Code of Ethics / Confidentiality	
COUN 6386 Internship (two semesters required)	46
Pre-Class Procedures.	
Course Requirements	
Appendices	47
Appendix A: Temporary Study Plans	
Clinical Mental Health Counseling	
School Counseling	
Marriage, Couple, and Family Counseling	
Appendix B: Counselor Potential Scale	51
Appendix C: Pre-Practicum Proficiencies	52
Appendix D: Supervised Practice in Counseling Proficiencies	53
Appendix E: Writing Standards	55
rr	

Introduction

The Counselor Education Department at Sam Houston State University offers a Master of Education in School Counseling, a Master of Arts Degree in Counseling (with two separate specializations; one in Clinical Mental Health Counseling (CMHC) and one in Marriage, Couple, and Family Counseling (MCFC) and a Doctor of Philosophy Degree in Counselor Education. Only one program is not CACREP accredited and that is the specialization in Marriage, Couple, and Family Counseling. However, we are moving that program toward CACREP accreditation and are currently engaged in the required self-study to that end. CACREP is the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Two counseling clinics, Jack Staggs Counseling Clinic (JSCC) at SHSU campus in Huntsville and the Community Counseling Clinic (CCC) at SHSU-The Woodlands Center are affiliated with the Counselor Education Department. During the semester students in the master's programs and the doctoral program are enrolled in supervised practicum in counseling courses they see clients in the JSCC or the CCC. The clinics operate with the dual purposes of clinical training and community service. The Department of Counselor Education is accountable through the Department Chairperson to the Dean of the College of Education and the Academic Vice-President of the University.

This Handbook outlines the two Master Degrees and presents a description of related policies and procedures established by the Department of Counselor Education. The Handbook is available to all students in the program online by going to http://www.shsu.edu/academics/counselor-education/resources-for-current-students.html.

Students are responsible for following these policies and procedures, in addition to those stated

in the Graduate Catalog of the University. The Graduate Catalog is available at:

http://www.shsu.edu/gradcat/toc.html .

Please read this Handbook thoroughly. During the first class meeting of COUN 5011 Orientation to the Counseling Profession (for SC and CMHC) or COUN 6334 Ethical Issues in MFT (for MCFC), students will be asked to initial a statement on the Temporary Study Plan indicating they have read the Handbook. In addition, students will be asked to initial a statement on the Temporary Study Plan indicating they have read the American Counseling Association (ACA) Code of Ethics available online at: http://www.counseling.org/Resources/aca-code-of-ethics.pdf

Dear Students:

Welcome to the Department of Counselor Education at Sam Houston State University!

This is an exciting time to be part of our program. The M.Ed. and M.A. programs in Counseling are highly regarded in this region. The counseling faculty are constantly working to improve the programs to make certain we provide quality training and learning opportunities for you.

The purpose of this Handbook is to inform you about the many details involved in going through the Master's programs and to explain to you about the facilitation of our clinical component, the Supervised Counseling Practicum. We have also included information about the Cycle of Courses, a step-by-step guide for "getting through the academic system" as well as details about the Supervised Practicum in Counseling, Internship, and the comprehensive examination.

Because growth is ongoing, changes in policies and procedures may occur throughout the semester. The Handbook will be updated with the new information as quickly as possible. Written announcements of changes will be circulated in face-to-face classes and by Listserv for students enrolled in online courses. Everyone (students, staff, faculty, and administration) is accountable for implementing the change as soon as the change has been announced.

Please become very familiar with those details in the Handbook which will affect you and your academic career. Feel free to ask faculty or staff members about anything you do not understand. It is our goal to support and assist you in any way possible as you undertake this adventure in professional and personal growth.

Sincerely,

Sheryl Serres, Ph.D. Counseling Program Coordinator



PROFESSIONAL IDENTITY

A comprehensive mission statement has been developed, with input from core faculty, which brings the Counseling Program into focus and concisely describes the intent and purpose of the program. The mission statement is publically available (i.e., department website and student handbook) and systematically reviewed to affirm that the mission of the program is aligned with the mission and goals of Sam Houston State University. Faculty reviewed the mission statement in 2006 prior to the Clinical Mental Health Counseling Program being implemented and it was reviewed again in 2013 with minor modifications. The most recent review resulted in a minor phrase addition of "at the master's level." This modification was to better distinguish the difference in focus between the mission statement for the doctoral program and masters. The web address for viewing our mission statement is: http://www.shsu.edu/academics/counselor-education/about-us.html

Counseling Program Mission Statement

The mission statement of the SHSU Counseling Program is to facilitate the development of professional counseling generalists, at the master's level, who play an active role in enhancing individual, family, and community wellness in a diverse and changing world.

Program Area Goals

Within the context of this mission, the goals of the Counseling Program are to:

- ❖ Provide assistance to qualified students in learning the knowledge and skills necessary to perform as competent and knowledgeable professionals in the counseling field. This includes encouraging students to develop themselves as well-rounded individuals combining their academic experience, personal values, interests and individual personalities.
- ❖ Provide academic coursework and clinical experience that support and enhance the professional development of the student that holds to the integrity of CACREP standards.
- ❖ Facilitate the Supervised Practicum in Counseling in both the Jack Staggs Counseling Clinic and Community Counseling Clinic at SHSU-The Woodlands Center, primarily for clinical training, where advanced graduate students have opportunities for direct client contact and individual and group supervision from counseling faculty and counselor education doctoral students. Because of the availability of practicum interns, the

Supervised Practicum in Counseling also provides assessment and counseling for the general public in both the greater Huntsville and Woodlands regions.

- ❖ Promote understanding and acceptance of the cultural diversity of our society.
- ❖ Model the standards of integrity, performance, and concern for clients' welfare.

The goals of the Counseling Program were most recently reviewed in 2013. Goals were developed with consideration of input from a) the Master's Advisory Board, b) former program graduates as a part of the Master's Advisory Board, and c) core faculty.

Counseling faculty review the goals to ensure they meet the following requirements:

- 1. Reflect the current knowledge and projected needs of a multicultural and pluralistic society.
- 2. Reflect input from faculty, current and former students, and cooperating agencies.
- 3. Relate to program activities.
- 4. Are written in a way that student training can be evaluated.

PHILOSOPHY

The Counseling Program is based on the belief that the ultimate goal of counseling is maximizing human effectiveness through facilitating human growth and development. The major responsibility of the counselor is seen as one of aiding individuals, couples, and families in the acquisition of effective problem-solving and decision-making patterns that help to establish values and life objectives.

The process of promoting effective decision-making behavior in others requires a firm belief in the potential for growth within each individual. In addition, counselors need to have a sound background in the psychology of human behavior and development, and the necessary skills and techniques to support clients to make desired changes.

About Licensure and Certification Options

Clinical Mental Health Counseling/(LPC Intern)-CACREP ACCREDITED PROGRAM (M.A. in Counseling degree)

Students completing the 60 semester hour Clinical Mental Health Counseling (CMHC) specialization meet the academic requirements needed to apply for LPC Intern in the State of Texas. To apply for the LPC Intern license, graduates must document coursework, face-to-face counseling hours, and supervision time on forms available from the Texas State Board of Examiners for Licensed Professional Counselors http://www.dshs.state.tx.us/counselor/. This state agency issues credentials for individuals who want to be recognized as having competence in the field of counseling. Texas State Board of Examiners for Licensed Professional Counselors issue LPC Intern credentials to counselor's in training that successfully complete required coursework,

supervised counseling experience, pass the appropriate state examinations, and meet additional requirements.

Upon completion of SHSU coursework, each graduate is responsible for taking steps necessary to apply for the LPC Intern license. She/he will need to complete a 3000-hour (total work time) postmaster's degree internship under an LPC-Supervisor. Although providing the academic requirements for licensure is the responsibility of SHSU, the university has no responsibility for helping the graduate meet the LPC Intern supervised experience requirements following graduation. Each graduate is encouraged to do extra study for the LPC exam. Some graduates find a workshop designed to prepare applicants for the LPC examination useful. More information found website about the LPC can be at the internet for LPC http://www.dshs.state.tx.us/counselor.

SHSU is a testing site for the National Counseling Examination (NCE). The National Board of Certified Counselor (NBCC) website address is http://www.nbcc.org/. Students seeking more information about the NCE need to contract Dr.Henriksen at rch008@shsu.edu.

Marriage, Couple, and Family Counseling specialization/(LMFT Associate) (M.A. in Counseling)

Students completing the 60 semester hour Marriage, Couple, and Family Counseling (MCFC) specialization meet the academic requirements needed to apply for LMFT Associate *and* LPC Intern in the State of Texas. The MCFC courses will meet the academic requirements needed to apply for a License for a Marriage and Family Therapist Associate (LMFT Associate in the State of Texas. Upon completion of SHSU coursework and graduation from SHSU, graduates are responsible for taking steps necessary to apply for the LMFT Associate, where the student will need to complete 3,000 hours of which 1,500 hours must be direct clinical services including 750 direct contact hours with couples and family, and weekly supervision from an LMFT-Supervisor. Although providing the academic requirements for licensure is the responsibility of SHSU, the University has no responsibility for helping the graduate meet the LMFT Associate experience requirements following graduation.

The Texas State Board of Examiners of Marriage and Family Therapists website address is http://www.dshs.state.tx.us/mft/. Students seeking more information about LMFT in Texas and the requirements for adding this focus of study need to schedule an appointment with Dr. Rick Bruhn, faculty advisor for marriage and family therapy coursework. To apply for the LPC Intern, graduates must document coursework, face-to-face counseling hours, and supervision time on forms available from the Texas State Board of Examiners for Licensed Professional Counselors http://www.dshs.state.tx.us/counselor/. Upon completion of SHSU coursework, each graduate is responsible for taking steps necessary to apply for the LPC-Intern. She/he will need to complete a 3000-hour (total work time) postmaster's degree internship under an LPC-Supervisor. Although providing the academic requirements for licensure is the responsibility of SHSU, the university has no responsibility for helping the graduate meet the LPC Intern supervised experience requirements following graduation. Each graduate is encouraged to do extra study for the LPC exam. Some graduates find a workshop designed to prepare applicants for the LPC examination useful. More information about the LPC can be found at the internet website for LPC at

http://www.dshs.state.tx.us/counselor. SHSU is a testing site for the National Counseling Examination (NCE). NBCC website address is http://www.nbcc.org/. Students seeking more information about the NCE need to contract Dr. Henriksen at rch008@shsu.edu.

School Counseling (M.Ed. Degree)

Applicants interested in becoming certified as professional school counselors should meet the following requirements prior to admittance into our program or sign a statement acknowledging they are aware that the State Board of Education Certification (SBEC) requires school counselor applicants to have:

- Two years of teaching experience
- A master's degree, and
- A passing score on the TExES examination for school counselors.

The two years of teaching experience is not required prior to enrolling in the Master of Education program at SHSU, however, it is required before SBEC will issue the school counseling certification to applicants. Individuals needing the master degree should apply for the M.Ed. degree in School Counseling.

Individuals needing two years of teaching experience should seek employment with a school district as a teacher. If the applicant is not certified to teach, she/he should contact the Department Chair for Curriculum and Instruction to obtain coursework necessary for teacher certification.

The school district must send the deficiency plan request to the College of Education University Certification Officer in the Teacher Education Center Box 2119, Huntsville, TX 77341. The Certification Officer will, upon receiving the written request from the student's school district, consult with the Coordinator of the Counseling master's degree to determine the appropriate coursework to be completed and provide information on the State TExES examination required for certification.

School Counseling Certification

After passing the written comprehensive examination, students in the School Counseling track will be reported to SHSU Certification Office as approved to register for the TExES School Counseling Examination (#152). To apply to take the TExES, students register with the State Board of Educator Certification (SBEC) at

<u>http://www.sbec.state.tx.us/SBECOnline/default.asp.</u> Students must have a TEA identification number in order to register for the TExES. Test dates and registration details for the TExES examination are located at: http://texes.ets.org.

NOTE: The State Board of Educator Certification (SBEC) has discontinued the practice of issuing specialized certificates for special education counselor and vocational counselor. All school counselors are now certified under the general Professional Counselor Certificate.

Pre-requisites for Program Admission

A committee made up of full-time counseling faculty will make admissions decisions based upon a holistic review of all of the following elements:

- 1. An application for graduate studies completed at ApplyTexas and submitted to the Department of Graduate Studies. Access ApplyTexas application at https://www.applytexas.org/adappc/gen/c_start.WBX.
- 2. Official transcripts of all college/university coursework, sent directly from the respective registrars of the institution(s) to Graduate Studies.
- 3. A grade point average of 3.0 overall (undergraduate) or 3.0 for the last 60 semester hours of undergraduate coursework is required. Some exceptions are made based on strengths in other components of the application.
- 4. Scores from either the Graduate Record Exam (GRE) general test or the Miller Analogies Test (MAT) no older than five years must be submitted to Graduate Studies.
- 5. Three *confidential* reference evaluation forms completed from individuals who can validate an applicant's potential for graduate study in counseling, as well as appropriateness for the counseling profession. Copies of the reference forms are available online at http://www.shsu.edu/programs/master-of-arts-in-clinical-mental-health-counseling/admission-requirements.html
 - One reference must be from a current or former employer/supervisor. One must be from a former professor; a Certified School Counselor or a Licensed Counselor, Licensed Marriage and Family Therapist, LCSW, or Psychologist. A third must be from someone other than a family member. References must be mailed directly to the program from the individual completing the reference form. Applicants should give each person submitting a reference a stamped envelope addressed to: Department of Counselor Education, Counseling Program Secretary; P.O. Box 2119, Sam Houston State University, Huntsville, TX 77341-2119.
- 6. Six semester hours of undergraduate coursework in Abnormal Psychology, and Human Development, with a grade of "C" or better are required prerequisite courses. Applicants who have not completed the two prerequisite courses may complete this requirement under a Conditional Admission status for one semester.
- 7. Satisfactory response to the following essay questions in no more than two typewritten, double-spaced pages total:
 - a. What is your experience related to the counseling field, either paid or volunteer?
 - b. What are your aspirations related to the field of counseling?

- c. Describe one or more significant life event(s) that contributed to the development of these aspirations.
- d. What is the one personal characteristic or quality that you most need to modify, improve or change in order to realize your aspirations?
- 8. A pre-admission on-campus-screening interview. Applicants should contact the Jack Staggs Counseling Clinic secretary at (936) 294-1121 or the Counseling Program Secretary at (936) 294-4148 to make an appointment for a pre-admission on-campus-screening interview. During the interview, applicants will respond to a set of structured questions. A doctoral assistant will interview the applicant. Each interview will be electronically recorded. Other Practicum Interns and the faculty member supervising Practicum may observe through a one-way mirror. After the session is completed, the Intern will write a summary of the interview. The Faculty Supervisor will forward the summary of the interview and the DVD recording of the interview to the Counseling Program Admissions Committee for final disposition. Applicants are encouraged to complete the interview by July 30 for fall admission, November 30 for spring admission and April 30 for summer admission.

The following essay question will be written immediately following the interview. (300 words or less.)

"What is your single greatest personal asset that will serve you in realizing your aspirations?"

An additional writing prompt, responding to a vignette, will be completed at the same time.

The counseling faculty may also consider performance in courses taken under Conditional or Special Admission status as part of the holistic assessment process.

Probationary admission is occasionally extended to students whose educational backgrounds provide compelling reasons for admission. Students admitted in this fashion must complete the first twelve semester-hours of graduate counseling courses under stipulations assigned by the Department Chair, Counseling Coordinator and Counseling Faculty, typically with a 3.5 graduate grade point average.

<u>Three letters of recommendation</u>, <u>responses to the essay questions</u> and requests for further information must be directed to: Department of Counselor Education, Counseling Program Secretary, Sam Houston State University, Huntsville, Texas 77341-2119.

Application information and forms for the Master of Education are available at: http://www.shsu.edu/~grs_www/Counseling_M.Ed.html and for the Master of Arts at: http://www.shsu.edu/~grs_www/Counseling_M.A.html.

Proposal to Transfer Credit

In accordance with Academic Policy Statement 801007, graduate courses completed at other accredited colleges and universities may be applied as transfer credit toward the Master of Education and the Master of Art degrees. The maximum number of credit hours that may be transferred according to the policy are: 12 hours for a 48 hour degree and 15 hours for a 60 hour degree. Only didactic courses will be considered for transfer credits. Practica courses will not be considered for transfer credits and all practica courses even those students have completed at another university must be taken at SHSU. Once a student has been accepted into the program, consideration will be given to graduate work done at other accredited institutions in courses that were clearly at the graduate level with grade B or better, and appropriate to Counseling Program course requirements. In addition, all coursework, including the transferred credits, must be completed within six years from the earliest date of the first course applied to the master degree. Every request for transfer of credits is reviewed individually and the faculty advisor must make a recommendation on the student's behalf to the Vice President of Graduate Studies.

When there is a question about accepting credit for didactic courses taken at other institutions, students must provide the course syllabus and/or catalog description of the course to document substantial equivalence to SHSU courses.

Course Prerequisites

Once students have been accepted into the program, they should note the prerequisites for specific courses in the program.

COURSE	PREREQUISITE(S)
COUN 5088	Permission of instructor
COUN 5334	COUN 5397 and undergraduate course in Abnormal Psychology
COUN 5370	COUN 5397
COUN 5385	COUN 5364 and COUN 5011 (or concurrently)
COUN 5397	Undergraduate course in Human Development
COUN 5398	COUN 5364/5385
COUN 5399	COUN 5364, COUN 5397
COUN 6331	COUN 5399 or Instructor Approval
COUN 6333	COUN 6332
COUN 6335	COUN 5333
COUN 6337	COUN 5334/6332
COUN 6338	COUN 6332
COUN 6370	COUN 6332 & concurrently enrolled in 6376 or 6386
COUN 6374	COUN 5385, COUN 5364
COUN 6376	COUN 5334, COUN 6374, COUN 6363 and Admission to Candidacy
COUN 6386 I	COUN 6376
COUN 6386 II	COUN 6386 I

A copy of the Master of Education and Master of Arts Temporary Study Plans are available in Appendix A.

Degree Requirements

M.Ed. in School Counseling

Forty-eight semester hours are required for the Master of Education in School Counseling and school counselor certification. Courses are organized in blocks that should be completed in sequence. All students must pass the written comprehensive examination (CPCE) including subject matter from all CACREP core content areas.

Block 1	
COUN 5011	Orientation to the Counseling Profession
COUN 5364	Theories of Counseling
COUN 5392	Cross-Cultural Issues in Counseling
COUN 5385	Pre-Practicum: Techniques of Counseling
COUN 5397	Human Growth and Development
COUN 5333	Methods of Consultation, Coordination, and Counseling
Block 2	
COUN 5379	Methods of Research
COUN 5334	Effective Human Behavior
COUN 6374	Practicum in Group Counseling
COUN 6363	Assessment in Guidance and Counseling
Block 3	
COUN 6335	School Counseling: Leadership, Advocacy, and
	Accountability
COUN 5391 /or 5399	Child and Adolescent Counseling or /Play Therapy Basics
COUN 6376	Supervised Practice in Counseling
COUN 5370	Career Counseling Across the Lifespan
Block 4	
COUN 6386	Internship
COUN 6386	Internship II

M. A. in Counseling (Clinical Mental Health Counseling)

Sixty semester hours are required for the Master of Arts in Counseling (*Clinical Mental Health Counseling track*). Courses are organized in blocks that should be completed in sequence. All students seeking the M.A. degree must pass the written comprehensive examination (CPCE) including subject matter from all CACREP core content areas.

Block 1	
COUN 5011	Orientation to the Counseling Profession
COUN 5364	Theories of Counseling
COUN 5379	Methods of Research
COUN 5385	Pre-Practicum: Techniques of Counseling
COUN 5392	Cross-Cultural Issues in Counseling
COUN 5397	Human Growth and Development
Dlock 2	
Block 2	Eff. 4: H D.l
COUN 5334	Effective Human Behavior
COUN 6374	Practicum in Group Counseling
COUN 5370	Career Counseling Across the Lifespan
COUN 6363	Assessment in Guidance and Counseling
Block 3	
Elective (see options below	y)
Elective (see options below	
Elective (see options below	
D. 1.4	
Block 4	
COUN 5393	Community Counseling
COUN 5393 COUN 6364	Counseling for Addictions
COUN 5393 COUN 6364 COUN 6332	Counseling for Addictions Theories of Marriage and Family Therapy
COUN 5393 COUN 6364	Counseling for Addictions
COUN 5393 COUN 6364 COUN 6332 COUN 6376	Counseling for Addictions Theories of Marriage and Family Therapy
COUN 5393 COUN 6364 COUN 6332 COUN 6376	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling
COUN 5393 COUN 6364 COUN 6332 COUN 6376	Counseling for Addictions Theories of Marriage and Family Therapy
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386 Elective Options:	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship Internship II
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386 Elective Options: COUN 5391	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship Internship II Child and Adolescent Issues in Counseling
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386 COUN 5391 COUN 5398	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship Internship II Child and Adolescent Issues in Counseling Sandtray Therapy
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386 COUN 5391 COUN 5398 COUN 5399	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship Internship II Child and Adolescent Issues in Counseling Sandtray Therapy Play Therapy Basics
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386 Elective Options: COUN 5391 COUN 5398 COUN 5399 COUN 6331	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship Internship II Child and Adolescent Issues in Counseling Sandtray Therapy Play Therapy Basics Advanced Play Therapy
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386 COUN 5391 COUN 5398 COUN 5399 COUN 6331 COUN 6334	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship Internship II Child and Adolescent Issues in Counseling Sandtray Therapy Play Therapy Basics Advanced Play Therapy Ethical Issues in MFT
COUN 5393 COUN 6364 COUN 6332 COUN 6376 Block 5 COUN 6386 COUN 6386 Elective Options: COUN 5391 COUN 5398 COUN 5399 COUN 6331	Counseling for Addictions Theories of Marriage and Family Therapy Supervised Practice in Counseling Internship Internship II Child and Adolescent Issues in Counseling Sandtray Therapy Play Therapy Basics Advanced Play Therapy

COUN 6333 COUN 6338

COUN 6370

Techniques of Family Therapy

M. A. in Counseling (Marriage, Couples and Family Counseling)

Sixty semester hours are required for the Master of Arts degree. Courses are organized in blocks that should be completed in sequence. All students seeking the M.A. degree must pass the written comprehensive examination (CPCE) including subject matter from all CACREP core content areas. Additional comprehensive examination questions related to MFT theories, techniques, and professional/ethical issues are also required.

Block 1	
COUN 6334	Ethical Issues in MFT
COUN 6332	Theories of Marriage and Family Therapy
COUN 5385	Pre-Practicum: Techniques of Counseling
COUN 5397	Human Growth and Development
COUN 5392	Cross-Cultural Issues in Counseling
COUN 5379	Methods of Research
Block 2	
COUN 5334	Effective Human Behavior
COUN 6363	Assessment in Guidance and Counseling
COUN 5364	Theories of Counseling
COUN 6374	Practicum in Group Counseling
Block 3	
COUN 6337	Counseling Clients for Sexual Concerns
COUN 5394	Crisis and Trauma in Counseling
COUN 6338	Techniques of Family Therapy
COUN 6333	Techniques of Couples Therapy
Block 4	
COUN 6364	Counseling for Addictions
COUN 6370	Family Therapy Applications
COUN 5370	Career Counseling Across the Lifespan
COUN 6376	Supervised Practice in Counseling
Block 5	
COUN 6386	Internship
COUN 6386	Internship II
	•

Examples of the Sequence of Courses

School Counselor Track for Full and Part-Time Students (6-9 hrs.)

Suggested degree plan for the School Counselor track, part-time student, six hours per semester, or full-time student, nine hours per semester is as follows:

6 Hour Example		9 hour example	
Semester 1	Semester 5	Semester 1	Semester 4
COUN 5011	COUN 6374	COUN 5011	COUN 6335
COUN 5364	COUN 6335	COUN 5364	COUN 5379
		COUN 5392	COUN 6376
Semester 2	Semester 6		
COUN 5392 COUN 5397	COUN 5379 COUN 6376	Semester 2 COUN 5397	Semester 5 COUN 5391/5399
		COUN 5333	COUN 6386 I
Semester 3	Semester 7	COUN 5385	
COUN 5333	*COUN 5391/5399		
COUN 5385	COUN 6386 I	Semester 3	Semester 6
		COUN 5334	COUN 5370
Semester 4	Semester 8	COUN 6363	COUN 6386 II
COUN 5334	COUN 5370	COUN 6374	
COUN 6363	COUN 6386 II		
*Choose either COUN 5391 or 5399 *Choose either COUN 5391 or 53		OUN 5391 or 5399	
End of 48 Semester-H	our Program	End of 48 Semester-Hour Program	

Note: These are only examples. Students should make an appointment with the M.Ed. in School Counseling advisor for individual study planning.

It should be noted that COUN 5333, 6335 and both sections of 6386 MUST be taken in fall or spring. They cannot be taken in the summer term. Additionally, students needing prerequisite courses will need to complete those within their first semester.

Examples of the Sequence of Courses

M.A. in Counseling (Clinical Mental Health Counseling concentration) (requirements for LPC Intern) for Full and Part-Time Students (6-9 hrs.)

Suggested degree plan for the Clinical Mental Health Counseling (LPC) track, part-time student, six hours per semester, or full-time student, nine hours per semester is as follows:

6 H	Iour Example	9 hour example	
Semester 1	Semester 6	Semester 1	Semester 5
COUN 5011	COUN 6363	COUN 5011	COUN 6376
COUN 5364	COUN 6332	COUN 5364	Elective
		COUN 5392	Elective
Semester 2	Semester 7		
COUN 5385	COUN 6376	Semester 2	Semester 6
COUN 5397	COUN 6364	COUN 5397	Elective
		COUN 5379	COUN 6386 I
Semester 3	Semester 8	COUN 5385	COUN 6364
COUN 5379	Elective		
COUN 5392	Elective	Semester 3	Semester 6
		COUN 5334	COUN 6386 II
Semester 4	Semester 9	COUN 5393	COUN 5370
COUN 6374	Elective	COUN 6374	
COUN 5334	COUN 6386 I	Semester 4	
		COUN 5394	
Semester 5	Semester 10	COUN 6363	
COUN 5393	COUN 5370	COUN 6332	
COUN 5394 End of 60Semester-H	COUN 6386 II Iour Program	End of 60Semester-Hour Program	

Note: These are only examples. Students must make an appointment with their advisor for individual study planning. Additionally, students needing prerequisite courses will need to complete those within their first semester.

M.A. in Counseling (MCFC) (academic meets requirements for both LMFT Associate AND LPC Intern) for Full and Part-Time Students (6-9 hrs.)

Students seeking the M.A. with a concentration in marriage, couples, and family counseling should schedule an appointment with the MCFC advisor. NOTE: Pre-requisite and sequencing requirements of MCFC course electives require careful planning. **PLEASE make an appointment with the MCFC advisor prior to registering for courses.**

6 Hour Example		9 hour example		
Sem. 1 (Summer)	Semester 6	Sem. 1 (Summer)	Semester 5	
COUN 6334*	COUN 6337*	COUN 6334*	COUN 6376*	
COUN 6332*	COUN 5394*	COUN 6332*	COUN 5364	
		COUN 5370	COUN 6333*	
Semester 2 (Fall)	Semester 7			
COUN 5385*	COUN 6338*	Semester 2 (Fall)	Semester 6	
COUN 5397	COUN 6364	COUN 5397	COUN 6337*	
		COUN 5379	COUN 6386 I*	
Semester 3 (Spring)	Semester 8 (Fall)	COUN 5385*	COUN 6370*	
COUN 5379 COUN 5392*	COUN 6376* COUN 6333*	Semester 3 (Spring)	Semester 7	
		COUN 5394*	COUN 6386 II*	
Semester 4	Semester 9 (Spring)	COUN 5392*	COUN 6338*	
COUN 6363	COUN 6370*	COUN 5334		
COUN 5334	COUN 6386 I *			
		Semester 4		
Semester 5 COUN 5364	Semester 10 COUN 5370	COUN 6374		
		COUN 6363		
COUN 6374	COUN 6386 II*	COUN 6364		
End of 60Semester-Hour	Program	End of 60Semester-Hour Pr	ogram	

^{*}Requires a MCFC faculty member to teach the course

Students Seeking the M.A. in Counseling with a concentration in Marriage, Couple and Family Counseling (MCFC) for LMFT Associate and LPC Intern:

Students seeking to become LMFTs must schedule an appointment with the MCFC advisor. This sequence of courses meets the Texas State Board of Examiners of Marriage and Family Therapists academic requirements for Licensed Marriage and Family Therapist Associate. This course sequence ALSO meets the Texas State Board of Examiners of Professional Counselors academic requirements for a license as a Licensed Professional Counselor Intern. NOTE: Pre-requisite and sequencing requirements of MCFC course electives require careful planning.

Course Advisement for the Counseling Program

Course	Title	Pre Req.	Concurrent_ (Yes/No)	Semester Offered
COUN 5011	Counseling Profession and Ethics			Every Semester
COUN 5088	Special Topics			As Needed
COUN 5089	Independent Study			Every Semester
COUN5333	Methods of Consult, Coord, & Counsel			Fall/Spring
COUN5334	Effective Human Behavior	5397	N	Every Semester
COUN5364	Theories Of Counseling			Every Semester
COUN5370	Career Counseling Across Lifespan	5397	Y	Every Semester
COUN5379	Methods of Research			Every Semester
COUN5385	Pre-Practicum: Techniques of Counseling	5011/5364	Y	Every Semester
COUN5391	Child & Adolescent Counseling	5334	N	Spring/Summer
COUN5392	Cross Cultural Issues in Counseling			Every Semester
COUN5393	Community Counseling			Every Semester
COUN5394	Crisis and Trauma Counseling	5364	N	Every Semester
COUN 5397	Human Growth & Dev Across Lifespan			Every Semester
COUN5398	Sandtray Therapy	5364/5385	Y/Y	Every Semester
COUN 5399	Play Therapy Basics	5364/5397	N/N	Fall/Summer
COUN 6331	Advanced Play Therapy	5399	N	Spring
COUN6332	Theories Of Marriage & Family Therapy			Every Semester
COUN6333	Techniques Of Couple Therapy	6332	N	Fall
COUN6334	Ethical Issues in MFT			Summer
COUN6335	School Counseling: Ldrshp, Advcy, Acct	5333	N	Fall/Spring
COUN6337	Counseling For Sexual Concerns	5334/6332	N/N	Fall
COUN 6338	Techniques of Family Therapy	6332	N	Summer
COUN6362	Foundations of Substance Abuse			
COUN 6363	Assessment in Guidance & Counseling			Every Semester
COUN 6364	Counseling For Addictions	5334	Y	Every Semester
COUN 6365	Gerontological Counseling I	5364/5397	N/N	
COUN6367	Gerontological Counseling II	5364/5385	N/Y	
		5397/6365	N/N	~ .
COUN 6370	Family Therapy Applications	6332	N	Spring
COUN 6374	Practicum in Group Counseling	5385/5364	N/N	Every Semester
COUN6376	Supervised Practice In Counseling	5334/6374	N/N	Every Semester
COUN 6386	Internship for the Master of Arts	6376	N	Every Semester
COUN 6386	Internship for Master of Education	6376	N	Fall/Spring

Counseling Program Faculty and Staff

- Chairperson. The Chairperson of the Department of Counselor Education is responsible for staff supervision, all counseling and educational activities, and statistical and financial business. The Chairperson serves as the overall academic advisor for the students.
- ❖ *Director*. The Director of the Center for Research and Counselor Education (CRCE) responds to requests for information about the doctoral program, provides program leadership for the Counseling Program (doctoral), and serves as liaison to the Chair and Counseling Program alumni.
- Coordinator. The Master's Degree Coordinator responds to requests for information about the master's programs, provides program leadership for the master's program and serves as liaison to the Department Chair and Counseling Program alumni.
- Faculty/Supervisors/Advisors. Responsibilities of the Faculty/Supervisors/ Advisors are teaching didactic and online classes, providing clinical supervision of practicum students, and providing ongoing advising for students as designated. The faculty is composed of teaching and practicing counselors. The faculty are active members of the American Counseling Association and/or other professional counseling organizations.
 - Dr. Rick Bruhn holds an Ed.D. in Counseling and Guidance, and is a Licensed Professional Counselor Supervisor and Licensed Marriage and Family Therapist and Supervisor. He is a Clinical Fellow of the American Association for Marriage and Family Therapy and a Clinical Member of the American Society of Clinical Hypnosis.
 - ❖ *Dr. Mel Butler* holds a Ph.D. in Counselor Education and is a Licensed Professional Counselor in Ohio. She was a Certified (School) Counselor (in Ohio).
 - ❖ *Dr. Yvonne Garza-Chaves* holds a Ph.D. in Counselor Education. She is a Licensed Professional Counselor, Licensed Masters level Social Worker and a Registered Play Therapist.
 - ❖ *Dr. Henriksen* holds a Ph.D. in Counseling. He is a Licensed Professional Counselor and an LPC-Supervisor.
 - ❖ *Dr. David Lawson* holds a Ph.D. in Counseling. He is a Licensed Professional Counselor and a Licensed Marriage and Family Therapist, and is an approved supervisor for LPC and LMFT.
 - Dr. Chi-Sing Li holds a Ph.D. in Counseling. He is a Licensed Professional Counselor-Supervisor and a Licensed Marriage and Family Therapist and Supervisor.
 - ❖ *Dr. Mary Nichter* holds a Ph.D. in the area of Family Counseling. She is a Licensed Professional Counselor-Supervisor, a Licensed Marriage and Family Therapist and Supervisor, and a Certified Professional (School) Counselor.
 - Dr. Rebecca Robles-Pina holds a Ph.D. in the area of School Psychology. She is a Licensed Specialist of School Psychology, a Licensed Psychologist, Certified School Counselor, and a Licensed Professional Counselor-Supervisor.
 - Dr. Sheryl Serres holds a Ph.D. in Counseling. She is a Licensed Professional Counselor-Supervisor, a Certified Professional (School) Counselor, and a Board Certified Professional Christian Counselor.
 - ❖ *Dr. Hayley Stulmaker* holds a Ph.D. in Counseling. She is a Licensed Professional Counselor, a Registered Play Therapist, and a Nationally Certified Counselor.

- ❖ *Dr. Jeff Sullivan* holds a Ph.D. in Counselor Education. He is a Licensed Professional Counselor and a Registered Play Therapist.
- ❖ *Dr. Richard Watts* holds a Ph.D. in Counselor Education. He is a Licensed Professional Counselor-Supervisor, and a Certified Family Therapist.
- * COUN Secretary/Staff Assistants. The secretaries and staff assistants are responsible to the Department Chairperson and Director of the CRCE for all secretarial, clerical, and receptionist functions. They arrange student appointments with the Department Chairperson and the Director of the CRCE.
- ❖ Office Assistants. During the academic year, designated office assistants work part-time to assist with clerical and secretarial functions.
- ❖ Secretaries at the Jack Staggs Counseling Center and the Community Counseling Center at SHSU-The Woodlands Center. The secretary is the receptionist for the respective counseling centers and is responsible for scheduling appointment for clients seeking counseling, scheduling interviews appointments for potential students, and assisting the clinical coordinator at each center.

Dr. Bruhn	936-294-1132	edu_rab@shsu.edu
Dr. Butler	936-294-4414	jyb001@shsu.edu
Dr. Garza	936-294-3106	yxg002@shsu.edu
Dr. Henriksen	936-294-1209	rch008@shsu.edu
Dr. Lawson	936-294-2529	dxl028@shsu.edu
Dr. Li	936-294-1935	dcl001@shsu.edu
Dr. Robles-Pina	936-294-1118	edu_rar@shsu.edu
Dr. Mary Nichter	936-294-3858	elc_msn@shsu.edu
Dr. Serres	936-294-4848	sas008@shsu.edu
Dr. Stulmaker	936-294-2538	hxs018@shsu.edu
Dr. Sullivan	936-294-4657	jms107@shsu.edu
Dr. Watts	936-294-4658	rew003@shsu.edu

All faculty are available to meet with students. Contact faculty members directly by phone or email to schedule an appointment. All faculty are present on campus in Huntsville on Wednesdays. Faculty may be available to meet on various days and at either the Huntsville or The Woodlands Center campuses depending upon their individual semester teaching schedules.

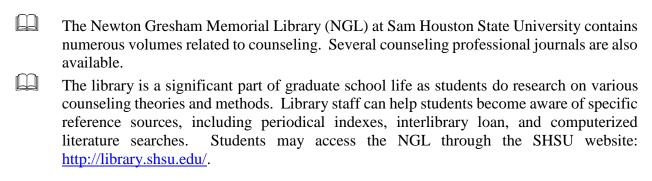
Campus Services

BEARKAT ONECARD (STUDENT IDENTIFICATION CARDS)

The Bearkat OneCard is the official ID of Sam Houston State University. The Bearkat OneCard signifies your status as an active member of the Sam Houston State University community, serving as your official student identification card and much more. You are expected to have your Bearkat OneCard with you at all times on campus.

Your first Bearkat OneCard is provided to all registered students, staff and faculty of the University at no charge and serves as the official identification card of the University. Activating the Bearkat OneCard will grant you access to the many privileges offered to the students of Sam Houston State University. For information about obtaining a BearKat OneCard, go to http://www.shsu.edu/dept/bearkatone/.

ACADEMIC LIBRARY



Library hours are: Monday – Wednesday – 7:30 a.m. to 1:00 a.m.

Thursday -- 7:30 a.m. to 12:00 Midnight

Friday -- 7:30 a.m. to 6:00 p.m. Saturday -- 10:00 a.m. to 7:00 p.m. Sunday --2:00 p.m. to 1:00 a.m.

Hours between semesters and during the summer term are revised

and posted on the NGL website.

WRITING CENTER

The Writing Center is located in the Farrington Building Room 111 and at TWC, and offers students the opportunity to work with tutors on various writing tasks: pre-writing, organization, idea development, thesis statements, revision, grammar, mechanics, sentence structure, and research documentation. Contact the Writing Center by telephone at 936-294-3680 or email wctr@shsu.edu/centers/academic-success-center/writing/

University Counseling Center and Student Health Center

SHSU has a University Counseling Center with a full range of counseling and assessment services available. Student fees pay for free access to services. All students in the Counseling Program are strongly encouraged by the Faculty to seek personal counseling in order to experience what it is like to be a client as well as to explore personal issues which may block full development as a helping professional. Some students have already been in personal, group, family or couples counseling/therapy prior to entry into the program. Those students who have never been to counseling or psychotherapy are urged to enter into a therapeutic relationship with a provider of his/her choice. The University Counseling Center is an option for students with tight budgets. The University Center is open from 8:00 a.m. to 5:00 p.m. Monday, Thursday, and Friday, and is open until 7:00 P.M. on Tuesdays and Wednesdays during the long semesters. The physical location is at 1608 Avenue J next to Old Main Market. The phone number is (936) 294-1720. The website is http://www.shsu.edu/dept/counseling/ The website for the Health http://www.shsu.edu/dept/student-health-center/.

CAREER SERVICES

Students may receive help in their search for a job in the field through the Career Services, located in Academic Building IV, Suite 210. There is also a presence at TWC. Staff at Career Services will assist with searching for counseling jobs. Career Services will also help develop resumes, making contacts in the field, and improve networking skills. The Career Services phone number is (936) 294-1713. For additional information, including driving directions, office hours, and semester events sponsored by Career Services, visit their webpage at http://www.shsu.edu/dept/career-services/.

COMPUTER SERVICES

Computers (PC and Macs) for student use are located in the Newton Gresham Library, in the AB1 building, at TWC, and at various locations throughout both campuses. Software applications are updated to reflect state-of-the-art computer usage. Students must establish a student account in order to have access to Blackboard, SHSU's electronic classroom. The student account can be setup from any computer with access to the internet or at the computer lab in the AB1 Building. The computer services phone number is (936) 294-1950. The website for computer labs is http://www.shsu.edu/dept/it@sam/services/lab-classroom-services/computerlabs.html.

Initial Academic Procedures

Initial Entry into the Program

- Admission to Graduate Studies. Submit the Graduate Admissions Application through Apply Texas. The website is http://www.shsu.edu/admissions/apply-texas.html. Along with the Apply Texas application, submit the application fee, official transcript(s), and recent GRE or MAT test scores. For an overview of the entire application process access the website http://catalog.shsu.edu/graduate/college-departments/education/counselor-education/counseling-ma/.
- <u>Department Secretary</u>. Three letters of recommendation and responses to the essay admissions questions are submitted to the Department Secretary.
- Schedule Interview. A pre-admission, on-campus screening interview is scheduled through the secretary of the Jack Staggs Counseling Clinic at (936) 294-1121.
- Counseling Program Admissions Committee. After collecting the applicant data, the Counseling Program Admissions Committee makes a recommendation about the application to the Graduate Dean. The Dean sends an official reply to the applicant.
- Faculty Advisor. Upon acceptance for graduate studies a Faculty Advisor will be assigned. Advisors are assigned according to the first letter of the student's surname, or by program (School Counseling or Marriage, Couple, and Family Counseling). Students should contact their advisor before or during enrollment in COUN 5011 or 6334, and complete a Temporary Study Plan.

Three Possible Types of Admission to a One of the Master's Degrees

- 1. <u>Regular Admission</u>. A student with regular admission has been accepted to take either a part-time or full-time load of courses through Blocks One or Two of the Course sequence (see previous section, Example of Course Sequencing).
- 2. <u>Conditional Admission</u>. A student is considered to have conditional admission when admitted prior to completing one or both of the required stem-work courses. Undergraduate courses in both Human Development and Abnormal Psychology must be completed with a grade of "C" or better. The student must submit a transcript showing that requirement has been met before she/he will be considered Regular Admission status within the master's degree program.
- 3. <u>Special Admission</u>. A student with special admission status is typically not enrolled in a degree program. This status is reserved for individuals with a master's degree from another university wishing to take courses to complete LPC Intern academic coursework requirements.
 - NOTE: Students from another university program wishing to take COUN 6386, Internship will be required to take the complete practica series from SHSU. These courses include COUN 5385, COUN 6374 and COUN 6376 as pre-requisites, even if the applicant has completed similar courses at another university.

Prior to Registration

1. Refer to guidelines for registration at the Office of the Registrar at:

http://www.shsu.edu/~reg_www/howtoregister/

Prospective students at:

http://www.shsu.edu/~grs_www/prospectivestudents.html

2. Prior to enrolling, students can review the class schedule(s) for the semester student online at:

Prospective students:

http://www.shsu.edu/~reg_www/howtoregister/How%20to%20Search%20for%20a%20C lass_prospectivestudent.pdf

Current students:

http://www.shsu.edu/~reg_www/howtoregister/How%20to%20Search%20for%20a%20Class.pdf

3. Access the *Master's Degrees Counseling Program Student Handbook* through the web at the Counseling Program homepage at: http://www.shsu.edu/dotAsset/0239c576-aa70-41f5-ab76-bd4e72f81eac.pdf

Students must read the Handbook and ACA Code of Ethics prior to signing a study plan.

- 4. Download a copy of the Writing Standards from the program web site. These writing standards will be utilized throughout each class in the program. Please read these standards carefully. A copy of the writing standards may be viewed in Appendix E.
- 5. Consult with Faculty Advisor (obtain name from Department Secretary or from COUN 5011 Professor) for program planning and course selection. Develop a Temporary Study Plan with your Advisor (see Appendix A). At this time you will asked to initial a disclosure statement that you have read the entire handbook and understand its contents. In addition, students are required to read the ACA Code of Ethics and sign a statement on the Temporary Study Plan of confirmation. Students must have both the Temporary Study Plan and initialed the disclosure statement prior to applying for Candidacy for the Degree.
- 6. Pre-register or register during the periods designated before the semester.
- 7. Pay all course fees prior to drop date from non-payment. Check academic calendar for date.

Candidacy for the Master's Degree

Upon completion of the First 18 Semester Hours of Coursework (Block 1) – Includes COUN 5011, 5364, 5392, 5385, 5397 and 5333[for School Counseling] or 5379 [for CMHC]. MCFC students complete COUN 6334, 6332, 5385, 5397, 5392 and 5379.

- 1. The Counselor Potential Scale or Professional Counseling Performance Evaluation will be completed for all counseling courses at the end of each semester for all students. The course instructor will complete each student's Counselor Potential Scales. (see Appendix B).
 - 2. The application for Candidacy to the Counseling Program forms is available to be downloaded from the Counseling Program webpage at: http://www.shsu.edu/academics/counselor-education/resources-for-current-students.html. Scroll down to Candidacy Applications and access the appropriate form for the M.A. (either for CMHC or for MCFC) or M.Ed. for School Counseling.
- 3. Students must meet the minimum criterion level for the required proficiencies in COUN 5385 Pre-practicum in Counseling for a grade of "B." Students who do not meet the minimum proficiency criterion level to earn a minimum grade of "B" will be required to re-register for the course in the next semester of attendance.

All students must apply for and be admitted to Candidacy to enroll in COUN 6376. Each student must satisfy all academic criteria and receive a favorable clinical judgment by the Counseling faculty of the student's potential as a professional counselor. No student will be excluded on the basis of race, age, gender, sexual orientation, disability, religious orientation, etc. Students must have attained Regular Admission status as a graduate student at SHSU and must carry at least a 3.0 overall GPA to continue in the program.

Procedure for filing for Candidacy:

- 1. File application for Candidacy with Department Secretary. Include an unofficial copy of SHSU transcript showing 18 semester hours completed in the SHSU Counseling Program [including COUN 5011, 5364, 5392, 5385, 5397 and 5333 (SC) or 5379 (CHMC); or 6334, 6332, 5385, 5397, 5392, and 5379 (MCFC)]. Students must complete 18 semester hours at SHSU, and transfer hours are <u>not</u> applicable to meet this requirement. Therefore, students applying transfer credits to Block 1 courses will have different courses to complete for the first 18 semester credit hours earned at SHSU.
- 2. The following documents must be on file in the Department of Counselor Education office: Temporary Study Plan, Counselor Potential Scales, application for Candidacy, and an upto-date transcript copy.
- 3. All applications for Candidacy for the M.Ed. or M.A. are reviewed by the Counselor Education faculty at the monthly department faculty meetings. Each student will be

notified by mail as to whether or not s/he has been admitted as a candidate for the degree. Students denied admission typically receive feedback and a remediation plan, formulated on an individual basis. Acceptance as a candidate for the degree must be completed before enrollment in COUN 6376 Supervised Practice in Counseling and courses on the Temporary Study Plan sequenced after COUN 6376 with the exception of elective courses as approved by the students' Counselor Education faculty advisor.

It is the professional responsibility of the Counselor Education faculty to ensure that students not only exhibit the knowledge and skills required of the counselor, but also have the disposition and relationship capacities to utilize those skills. The Counselor Education faculty meets regularly and discusses individual students' progress at various times thought the semester. The Commission on Accreditation for Counselor Education and Related Programs (CACREP) requires review of students on a semester by semester basis. Students are expected to model professional behavior throughout the program. Each student should review the *SHSU Graduate Student Handbook* to understand the university's definition of "exemplary behavior in the classroom." Students are required to read the American Counseling Association (ACA) Code of Ethics in the initial semester of graduate studies. Students are expected to follow the ACA Code of Ethics. Students violating the ACA Code of Ethics will receive appropriate consequences, which may include termination from the graduate program.

Students must receive favorable evaluations by the instructors in the Counseling program at SHSU. The Counselor Potential Scale is be used for this evaluation (see Appendix B). The faculty may also consider supporting statements and recommendations from professional counselors, student colleagues, or other informed persons.

If actual or potential problems are indicated, the student must remediate them in a manner satisfactory to the faculty. Strengths and limitations are identified and discussed with the applicant in a private meeting with the student's faculty advisor and the coordinator of the master's degree programs.

If, in the clinical judgment of the faculty, the applicant possesses the potential for rendering the desired counseling or therapeutic care to a client, the faculty will recommend that the Dean of the College of Education (COE) approve Candidacy.

If, in the clinical judgment of the faculty, the applicant could remediate the limitations, the faculty may recommend that the COE Dean approve Candidacy effective remediation of the designated limitations, as evaluated by the faculty.

If, in the clinical judgment of the faculty, the applicant's limitations would prevent his/her rendering the desired counseling or therapeutic care to a client, the faculty will recommend that the COE Dean deny Candidacy.

The COE Dean approves or disapproves requests for Candidacy.

Professional Review of Counseling Students

The faculty makes every reasonable effort to facilitate a student's progress toward degree completion. Once Candidacy has been granted, it is anticipated that students will develop the skills necessary for rendering the desired counseling care to their clients. However, if the Faculty Advisor or other faculty identify limitations regarding a student after Candidacy has been granted and it is the clinical judgment of the full-time faculty that the student is not capable or does not have the potential for rendering the desired counseling or therapeutic care to a client, two alternatives will be available to the student: (a) repetition of coursework and/or other remediation to be satisfactorily completed before graduation, or (b) denial of further enrollment until the student remediates the weaknesses or problems to the satisfaction of the faculty.

Semester Before Enrolling in COUN 6376 Supervised Practice in Counseling

1. Complete a Departmental Approval Form available on the Counseling program homepage at:

http://www.shsu.edu/academics/counselor-education/documents/CNE6376DepartmentApprovalForm-Updated5-16-2011_000.pdf

Students are assigned to a specific section of COUN 6376 in the following semester based on courses taken concurrently, location of any off-campus sites involved, and "fit" with the supervisor. Typically, the process of assignment is on a first come first service basis.

2. Acquire the professional liability insurance required for COUN 6376. (e. g. through the Texas Counselors Association, American Counselors Association, or American Association of Christian Counselors). A copy of proof of insurance must be presented on or before the first night of class. Students may not counsel live clients without liability insurance.

Semester Before Enrolling in COUN 6386 Internship

Internship packets are sent out on the counselor education listserve by the internship coordinator each semester. Obtain updated internship packets from the website at: http://www.shsu.edu/academics/counselor-education/resources-for-current-students.html

- 1. Professional liability insurance is required for all students enrolled in COUN 6386 (should be maintained following COUN 6376 Supervised Practicum).
- 2. Students must obtain an off-campus placement at an approved location and submit a signed "contract" when submitting the Departmental Approval Form for COUN 6386.
- 3. CHMC students taking the Marriage and Family courses for licensure in Texas must find a placement which will include counseling couples and families for a minimum of 30 hours per semester of internship. In addition, the off-campus supervisor should be able to supervise from a family systems viewpoint.

During the <u>first</u> semester of enrollment in COUN 6386 Internship, all students (M.Ed. and M.A.) take the Comprehensive Examination

- 1. Take and pass the Counselor Preparation Comprehensive Examination (CPCE) as the comprehensive exam for students in the Counseling program at SHSU. The CPCE is scheduled three times each year. Testing dates are usually late March, October, and June. CMHC students who are taking the marriage and family elective courses will have additional questions that take place on the same testing day as the CPCE.
- 2. Students must register to take the comprehensive examination during their first semester of COUN 6386 Internship by completing the Comprehensive Examination Application and submit it to the Counseling program secretary at least 14 days prior to the scheduled testing date Along with the completed application, students must submit an unofficial transcript of the current semester and a cashier check or money order for \$45 payable to "CCE." PERSONAL CHECKS AND CASH ARE NOT ACCEPTABLE. For additional information please review the comprehensive exam guidelines and the Comprehensive Examination Application at: http://www.shsu.edu/~edu_elc/documents/GUIDELINESforcomps1.pdf
- 3. Students must take the Comprehensive Examination during their <u>first</u> semester of Internship. If they do not pass the examination, they may re-take it during their second semester of Internship. Students must pass the examination in order to graduate. If the examination is not passed by the semester in which the student plans to graduate, the student will <u>not</u> graduate but must enroll in an additional course the following semester and retake the exam which will postpone graduation until the exam is passed.

Procedures for Recommending Students for Credentialing and Employment

Training students to become credentialed professional counselors and assisting students in securing positions as Community Mental Health Counselors are primary goals of the Counselor Education faculty at Sam Houston State University. Students meeting the academic requirements of the counseling program will be endorsed for licensure reflective of their program of study. Faculty members support most students' efforts to obtain employment as Community Mental Health Counselors. It is recommended that students approach faculty members for letters of recommendation and support for employment with whom they have worked closely and from faculty members who have a clear understanding of the student's professional skills. The policy for recommending students at SHSU is up to the discretion of each individual faculty member.

Remediation Protocol for Master's Candidacy Applicants

The following protocol will be followed, with the potential for additions depending on the individual needs of the student, for any student who has been identified as having a concern or non-support from one or more faculty members during the completion of the core counseling courses. Issues of concern or non-support must include a full description regarding the student's

performance prior to remediation. For all growth plans the initial step will include a meeting between the student's advisor and the program coordinator to discuss and develop a possible plan that addresses the student's individual issues and then both faculty will meet with the student to develop and sign a finalized plan. The following areas for concern were developed to specifically address requirements outlined in the master's program handbook in that "It is the professional responsibility of the Counseling Program faculty to ensure that students not only exhibit the knowledge and skills required of the counselor, but also have the disposition and relationship capacities to utilize those skills" (p. 30).

- (1) **Knowledge Deficit**: the student struggles with retaining or understanding content knowledge associated with core program courses relevant to her/his respective track (e.g. theory, lifespan development, research methods, etc.). This must be evidenced by lowered grades in core areas (at least one C or three or more B's).
 - a. Students with two C's will be required to complete a growth plan and will have the option of requesting that a committee be formed to review the fairness of the plan developed with their advisor and the program coordinator as well as to review the completion of their plan.
 - b. Growth plans may include the completion of a written assignment associated with the topic area(s) where a deficit exists to be reviewed, at minimum, by her/his advisor and the program coordinator. The written assignment must address <u>all</u> areas of knowledge/content deficit therefore, if multiple deficits exists then a topic must be proposed that integrates multiple areas or multiple papers must be written.
 - c. The student will not be allowed to enroll in COUN 6376 until the growth plan is complete.
 - d. If a faculty member or members expresses concern regarding this area but the student has excellent or acceptable grades, a preponderance of evidence must be gathered to justify remediation (i.e. multiple assignments, discussion postings, etc. in the problem areas identified).
- (2) **Skill Deficit**: a concern is present that indicates the student struggles with application of content knowledge in counseling situations as evidenced by case study assignments, review of practice tapes, or other application oriented activities and written work.
 - a. Growth plans may include a case study application and reflection of work with a client appearing on a practice skill tape. The specific nature of the skill demonstrated will be determined by the student and her/his advisor.
 - b. The student will receive individual supervision during COUN 6376 with a full-time faculty member.
- (3) **Professionalism/Behavioral Issue**: concerns have been voiced regarding the student's behavior inside or outside of class in situations associated with their program. Behavioral issues may include one or more of the following: frequent tardiness and/or absences; frequent texting and/or talking in class; unethical actions; lack of involvement in reflection; introspection and personal growth regarding bias/possibly discriminatory

beliefs that would interfere with her/his role as a counselor; disrespectful behavior towards faculty, supervisors, practice clients, and/or colleagues, that does not improve following direct intervention. It is the responsibility of faculty and instructors to address behavioral issues as they are identified so that students can make corrections prior to the completion of the course and before applying for candidacy.

- a. Growth plans will include a reflection that sufficiently addresses how the student has improveded the behavioral/professional issue identified. Thoughts, feelings, and actions the student took to develop as a professional in the area(s) delineated in the plan must be addressed by the student in writing.
- b. The student may be required to seek individual counseling and submit proof of attendance for a time period to be determined by the student, her/his advisor, and the program coordinator.
- c. The student may be asked to attend individual supervision with a full-time faculty member during COUN 6376.

During breaks, faculty from the student's core classes will be solicited for additional comments regarding the identified student prior to beginning any remediation procedure. Faculty will have two weeks to respond to any request. Students with knowledge deficits will not be permitted to enroll in COUN 6376 until the growth plan is complete and students with skill deficits must receive individual supervision with a full-time faculty member if they are permitted to proceed to COUN 6376.

Students who are provided with a growth plan at the point of candidacy will receive an addendum on their program admission letter that indicates that their admission is contingent on the successful completion of their growth plan as approved by their faculty advisor and the master's program coordinator. If a student has an issue in more than one of the areas listed above, they must complete the basic remediation outlined in each category. The student will have one semester to complete the plan unless otherwise agreed upon by those involved in the development of the initial plan. It will be suggested that students with skill or knowledge deficits take no more than one class (if any) in the semester of their remediation. If he or she does not complete her or his plan in one semester, or by the agreed upon date of completion, he/she will not be able to register for classes until the plan is complete.

This protocol is designed to work in congruence with requirements outlined in the master's program handbook. Updates regarding student progress will be presented regularly during faculty meetings where plan alterations may be discussed if growth is not satisfactory.

Exclusion of Students

At any time during the academic program, students who do not present adequate potential as a professional counselor for either academic or nonacademic reasons can be denied matriculation privileges, based on the decision of the full-time Counseling faculty. The appeal process for the exclusion for nonacademic reasons is similar to the appeal process for exclusion based on academic reasons.

The faculty, meet as a body, reviews the data from all sources to make a clinical judgment for approval or disapproval of the student's continuation in the program. When the faculty has concerns about a student's progress in the Counseling program (before, at, or after the time of Candidacy), the Chairperson or the Chairperson's designee(s) are asked by the faculty to meet with the student to discuss the faculty's concern(s). Strengths and limitations are identified, and suggestions for dealing with the limitation(s) are offered and discussed. If, in the clinical judgment of the faculty, the weaknesses or problems are so glaring or if the student refuses or fails to remediate the limitation(s), the faculty might not approve the student's continuation in the Program. It should be noted that the philosophy and commitment of the faculty is to work with students and to facilitate their progress toward degree completion, whenever possible. Also, counseling students who violate the Code of Ethics (including confidentiality) for the American Counseling Association may be excluded from the program.

Grievance Policy

The following procedures are quoted directly from the "Process for Dealing with Student Grievance Cases," University policy number APS 900823:

2.01 Under the provisions of this policy academic grievances include disputes over: (a). Course grades; (b). Unauthorized class absences or tardiness; (c). Suspension for academic deficiency; (d). An unprofessional conduct related to academic matters; (e). Graduate comprehensive and oral examinations; (f). Theses and dissertations; (g). Withdawal or suspension of privileges related to degree-required clinical rotation, internships, or other clinical service delivery in professional degree programs.

2.02 If the dispute is determined to be based upon professional judgment, the aggrieved student is entitled to have, as appropriate and in turn, the department/school chair, College Academic Review Panel, academic dean, Dean of Graduate Studies (for graduate student issues), and Provost and Vice President for Academic Affairs form an opinion about the dispute and so advise the individual(s) involved. After considering the advice provided by any or all of the administrators participating in hearing the grievance, the individual(s) involved in the dispute shall retain the academic freedom to decline to change the original judgment in the matter.

2.03 Allegations of student misconduct, as defined in paragraph 5.2, Chapter VI of the *Rules and Regulations*, Board of Regents, The Texas State University System, and Sam Houston State University *Student Guidelines*, published by the Dean of Students' Office, will be referred to the Dean of Students' Office for necessary action.

- 2.04 Allegations, questions, or appeals involving academic dishonesty, i.e., cheating, plagiarism, collusion, and/or abuse of resource materials, will be processed in accordance with the procedures set forth in Academic Policy Statement 810213, "Procedures in Cases of Academic Dishonesty."
- 2.05 If, in turn, the division/department chair, academic dean, Academic Appeals Panel, or Vice President for Academic Affairs and Student Services finds a disputed action conflicts with federal or state law, university, college, division or department policy, or with the instructor's stated class policy as stated in the syllabus, a decision should be rendered in favor of the aggrieved student.
- 3.01 There shall be in each college a Standing College Academic Review Panel. The members of the panel shall be chosen by procedures established by the college dean. The panel will consist of not more than four faculty members and may include up to two students at the discretion of the dean. The chair of the panel will be selected from the panel members by the appointees to the panel. A division/department chair or any party to the appeal being heard may not serve on the panel.
- 3.02 The Academic Appeals Panel will be involved in an alleged grievance only after the normal procedures outlined in paragraph 4.01.a, 4.01.b below have been exhausted.
- 3.03 The Academic Appeals Panel will hear appeals involving disputes over those matters set forth in paragraph 2.01 -a- through -g- of this policy. Appeals regarding university/college degree requirements, student misconduct or scholastic dishonesty will not be addressed by the panel.
- 4.01 The following steps are to be followed in pursuing an academic grievance or an appeal of suspension for academic deficiency:
- a. In the event of an academic grievance, the student must first appeal to his or her instructor or committee chair for a resolution of the matter and must do so within sixty days following the end of the semester or summer session during which the dispute arises If the grievance involves a suspension for academic deficiency, the student appeals directly to the appropriate academic dean.
- b. If an academic grievance is not satisfactorily resolved with the instructor or committee chair, the student may appeal to the chair of the academic division or department in which the complaint or dispute is centered. The student appealing must provide a written summary of the pertinent issues of the grievance. In addition, a student may include other faculty or staff members or any other informed individual who might act as advocates in support of his/her appeal.
- c. If the student remains aggrieved after an appeal to the chair of the department/school, the student may forward the written appeal (plus any other additional material) to the college dean in whose college the dispute arose with a request to have the case heard by the College Academic Review Panel. Within fifteen working days of receiving the appeal, the Panel will investigate the alleged grievance and present such findings and recommendations as the Panel finds appropriate as soon as possible to the grievant and to other relevant parties, including the department/school chair and

the faculty member(s) against whom the grievance is directed. During the panel hearing(s), all parties involved in the original grievance will be invited to appear before the Panel. The grievant may request either oral or written statements from advocates. The inclusion of these statements at the hearing(s) will be at the discretion of the Panel. Under no circumstances will advocates be permitted to directly question or cross-examine any person who is involved in the grievance. Legal counsel, if included by the grievant, may act only in an advisory capacity and may not be a directly active participant in the proceedings.

d. If a resolution of an academic grievance by the Review Panel is not accepted, the student may request in writing that the grievance be forwarded to the college dean in whose college the dispute arose for review and adjudication. The dean will receive all documents pertaining to the dispute from the academic Review Panel and the dean will inform the student, the instructor, and/or the committee chair, and the administrators participating in the appeals process of the decision and the disposition of the matter within fifteen working days of receipt of the appeal. The dean's decision is final.

Practicum/Clinical Information

Philosophy

The faculty and staff of the SHSU Department of Counselor Education strive to assist students in becoming professionals skilled in counseling, and also to provide therapeutic and educational experiences designed to enable individuals and families to develop effective, meaningful relationships. Together with the students, the Counselor Education faculty strives to render effective, ethical counseling services to individuals, couples and families from the community. The policies of the Counseling Practicum are formulated in response to the goals of excellence in counselor training and in clinical service.

Practicum Curriculum

The overall practicum curriculum consists of the supervised clinical practice of counseling and participation in individual and group experiences designed to promote professional and personal growth. Five practica courses are included in the overall curriculum for M.A. and M.Ed. students: COUN 5385 Pre-Practicum: Techniques of Counseling; COUN 6374 Practicum in Group Counseling; COUN 6376 Supervised Practice in Counseling; and COUN 6386 I Internship; and COUN 6386 II Internship.

In COUN 6376 and COUN 6386, practical experiences will involve providing counseling to clients who have been assigned to the student according to his/her experience and skill levels. Students' hours of direct client contact and total time involvement are logged as course requirements and for possible use toward licensure as a Licensed Professional Counselor Intern or/and Licensed Marriage and Family Therapist Associate. Students are urged to keep copies of all practicum logs, as well as all graduate course syllabi and the *SHSU University Graduate Catalog*. These documents may be crucial for future licensure and professional certification requirements!

Practicum Requirements

The Clinical Mental Health Counseling track and School Counseling track both have accreditation from the *Council on Accreditation for Counseling and Related Education Programs* (CACREP).

Per CACREP standards, Clinical Mental Health Program students must earn 100 clock hours in COUN 6376 and 600 clock hours of total time involvement in COUN 6386 (combining COUN 6386 I and II). For COUN 6376 the one hundred hours includes 40 hours of direct client contact and 60 indirect hours, at minimum. In COUN 6386, the six hundred hours includes 240 direct (face-to-face) client contact hours and 360 indirect hours.

- 1. Individual practica course requirements are as follows:
 - a. In COUN 6374, students acquire 10 hours of direct counseling total time involvement. To collect the 10 hours of direct counseling experience, students lead a counseling group while enrolled in this course and must have weekly supervision.

- b. In COUN 6376, students must complete a minimum of 40 direct client contact hours and must have one hour individual or triadic supervision weekly. If students earn 10 hours of direct client contact in COUN 6374 Group Practicum and have required documentation of weekly supervision, he/she may use these 10 hours toward the 40 hour direct client contact requirement for COUN 6376 and reduce the number of direct contract hours to 30 for COUN 6376.
- c. In COUN 6386 I, students acquire 300 hours of total time involvement with clients and counseling activities. The 300 hours include 120 direct client counseling and 180 indirect time. For students seeking the LMFT Associate credential, 30 of the 120 direct hours must be counseling with couples or family members. All students are required to have one hour of individual (dyadic or triadic) supervision weekly from a field site supervisor.
- d. In COUN 6386 II, students acquire 300 hours of total time involvement with clients and counseling activities. The 300 hours include 120 direct client counseling and 180 indirect time. Students are required to have one hour of individual supervision weekly from a field site supervisor.
- 2. Individual supervision with clinical faculty during Supervised Practice in Counseling and Internship is provided.
- 3. Selected readings are required or recommended as warranted.
- 4. Audio- or video-recording of all sessions is expected during COUN 6376 Supervised Practice in Counseling and during both semesters of COUN 6386 Internship.

Practicum intern professionalism. Each Practicum intern in COUN 6376 and COUN 6386 I and II is a representative of Sam Houston State University. The Counseling faculty expects that students will exhibit high standards of professionalism in dress, attitude, and behavior. Students failing to exhibit appropriate levels of professionalism will receive feedback and are expected to make changes to reach the high standards required while interacting with the public. An Individualized Growth Plan may be developed for a student failing to meet expectations of high standards of professionalism. An Individualized Growth Plan will include a timeline and the student will be held accountable for making the necessary adjustments to their professionalism.

How practicum/internship hours meet LPC Intern requirements. When applied to practicum/internship requirements for the LPC Intern license, these combined COUN 6376 and COUN 6386 hours exceed the LPC Intern academic requirements for practicum (300 hours total time with 100 hours direct client contact).

COUN 5385 Pre-Practicum: Techniques of Counseling

Pre-Practicum is designed to provide the student with didactic and experiential training in fundamental techniques of counseling. Extensive simulation and role-playing activities facilitate student development of skills to be utilized in the practicum/internship courses that follow COUN 5385. A set of proficiencies must be met at a average or "competent" level to obtain a grade of "B". The Pre-Practicum proficiencies are listed in Appendix C.

Students who are unable to demonstrate the required proficiencies to the professor's satisfaction will be required to re-register for the class. Students unable to meet the proficiencies in two attempts may be advised to leave the program. Successful completion of COUN 5385 is a pre-requisite for COUN 6374. COUN 5385 and COUN 6374 cannot be taken concurrently.

COUN 6374 Practicum in Group Counseling

The Practicum in Group Counseling has didactic and experiential components. One-third is reserved for group supervision, a second third is given to didactic learning and developmental activities, and the final third is where class members are divided into small, personal growth groups. The personal growth groups are designed to be facilitated by Supervised Practice in Counseling and Internship students, doctoral students, or community professionals, and are supervised only indirectly by the course instructor. The experiential element of the Practicum in Group Counseling course is not included in the grade evaluation for the students and content disclosed in group will not be revealed to faculty for use in remediation or student evaluation. All students are required to participate in both didactic and experiential elements unless alternative arrangements for the small group experience are approved by the instructor. To successfully complete the course, students must complete 10 hours of direct client contact and 10 hours of indirect time in an outside process group experience. Those hours can be added together for a maximum of twenty-five hours of total time involvement (direct and indirect client contact hours) and can be applied toward the post-degree experience requirement for LPC licensure. Successful completion of COUN 6374 is a pre-requisite for COUN 6376 and cannot be taken concurrently. Professional liability insurance is required for COUN 6374.

COUN 6376 Supervised Practice in Counseling

COUN 6376 Supervised Practice in Counseling (Counseling Practicum) provides opportunities for on-site client counseling and testing experiences. In Counseling Practicum, faculty supervise graduate students (interns) who provide individual, group, couple, and family counseling, as well as testing, to those individuals from the community-at-large who need and desire services. In addition, students completing the play therapy courses may see children in the playroom. Each Supervised Practicum intern must complete a minimum of 40 client contact hours** within 100 hours of total time involvement in Practicum activities. These direct client contact hours and indirect hours can be included in the total required Practicum hours for SC, CMHC, and MCFC students. Successful completion of COUN 6376 is a pre-requisite for COUN 6386 I and cannot be taken concurrently. COUN 6333 Techniques of Couple Therapy or COUN 6338 Techniques of

Family Therapy are a pre-requisite for MCFC students (or must be taken concurrently).

A number of proficiencies and specialty standards (CMHC, SC, MCFC) have been set for students in Practicum. A minimum acceptable level of attainment of all proficiencies and standards will qualify the student for a grade of "B". Students who are unable to demonstrate the required proficiencies to the professor's satisfaction will not be allowed to continue with COUN 6386 Internship. Students unable to meet the proficiencies in two attempts may be advised to leave the program. The COUN 6376 proficiencies and specialty standards are listed in the Appendix D.

**A total of 40 hours of direct client contact is required by CACREP for the "Practicum." To meet that standard, the Counseling program applies 10 hours of client contact from COUN 6374 and 30 hours of client contact from COUN 6376 if student received weekly supervision for the 10 hours of client contact from COUN 6374.

Supervision

While enrolled in COUN 6376, each student is required to have a minimum of one (1) hour of individual or triadic supervision weekly. Most supervision of COUN 6376 is provided by doctoral students in the Ph.D. Counselor Education program. Supervision time is scheduled outside the class meeting time. Supervision is face-to-face conversation with the supervisor, customarily scheduled by appointment occurring at the same time weekly. Supervision focuses on the raw data from a supervisee's continuing clinical practice, made available to the supervisor through direct observation, written clinical notes, and audio- or video-recording. Supervision is a process clearly distinguishable from (though in some ways similar to) personal counseling and is contracted in order to serve professional/vocational goals. Each student will negotiate with the supervisor regarding the specific activities for each session. However, it is expected that most often students will bring the content for discussion. The student may be requested to bring up-to-date case records, and/or audio- or video-recordings to supervision sessions.

Services

Direct counseling services are provided for the purpose of studying, understanding, and effecting appropriate changes in clients' behavior, perceptions, and supporting clients as they work to accomplish their goals. The following are examples of services which are available:

- 1. Counseling to individuals (including play therapy) for those who are aware of unresolved personal difficulties in daily living;
- 2. Counseling for couples who are aware of some unresolved difficulties in their relationship;
- 3. Family counseling for problems in any part of the family system;
- 4. Divorce adjustment counseling for those persons who desire help in making an appropriate adjustment during separation and/or following divorce;

- 5. Group counseling for children, teenagers, and adults who can benefit from this approach (when enough participants are available); and
- 6. Career assessment and counseling for individuals desiring occupational information and help in making career decisions.

Client Case Assignments and Procedures

Members of the community-at-large and Sam Houston State University faculty, staff, and students are eligible for services of the Supervised Counseling Practicum. Clients of the Practicum may be self-referred or referred by school personnel, human service personnel, church officials, physicians, lawyers, and others.

Procedures for Scheduling of Obtaining Counseling in the Jack Staggs Counseling Clinic or the Community Counseling Clinic

Referrals are made by phoning the Jack Staggs Counseling Clinic (936) 294-1121 located on the SHSU campus in Huntsville and/or at the SHSU Community Counseling Center (CCC) (936) 202-5012 at SHSU-The Woodlands Center.

The secretary will take the name and phone number of the client, and offer an appointment time or to be placed on a waiting list. A brief description of the presenting problem will be asked for during the initial phone conversation between the secretary and the client, and recorded on the Intake Data Sheet. The Intake Data Sheet is made available to the faculty teaching and supervising COUN 6376 and to the student assigned to counsel the client. Usually, clients are assigned to the interns, however, an intern may request clients with specific issues in order to develop or enhance skills for working with individuals with those issues/concerns. There is no fee for counseling. The fee for administration of any tests is \$10 per test.

Procedures for Counseling Sessions

In the intake session, the intern discusses his/her Personal Disclosure Statement with the client. The client reads and signs the Parental Consult Form or the Adult Consent Form. When children are seen, the intern determines if a copy of a divorce decree or guardianship papers should be in the file as per LPC or LMFT rules.

The client is asked to complete the "Release of Confidential Information" form if there is a history of previous counseling or related services. The intern obtains addition assessment data and collaborates on creating a goal(s) for counseling.

At the conclusion of the intake session, the intern confirms the ongoing appointment time.

The intern is responsible for maintaining a clinical record for each client, couple, family, or group seen during Practicum. The record contains a Consent Form, Client Data Forms, summary reports of counseling sessions (made after each counseling session), any assessments or test results,

correspondence, log of client contacts, and other pertinent information. The intern assigned to the case is responsible for keeping the record current and adhering to ethical and professional guidelines concerning client records.

Clients are encouraged to remain in counseling the entire semester. However, on some occasions, the termination of counseling for some clients may seem appropriate and this decision is left to the discretion of the professor teaching COUN 6376. At the end of the semester or whenever termination occurs, a Termination Summary is written and placed in the client's file folder. The folder is then given to the professor for final checkout and storage as an inactive file.

Care and Maintenance of Clinical Records

All records are confidential and contained within a locked file accessible to authorized personnel of the Counseling Practicum. No information from the record can be released without the written consent of the client as per Chapter 611 of the Texas Health and Safety Code. Telephone requests for information concerning the clientele will be politely refused, and no information (including the names of those persons who are presently being provided services or who have received services at the Counseling Practicum) will be released via telephone. Requests for release of information must be made in writing by an individual authorized to such a request.

All records are the property of the Counseling Practicum and must not be removed without consent of the clinical coordinator of either the Jack Staggs Counseling Center or the Community Counseling Center.

Full written clinical records are kept for a period of seven years for adults and for a minor client, seven years after termination of the counseling relationship in accordance with LPC rules and Sam Houston State University policy.

Clinical records (audio or video recordings, test results, clinical notations) may be used for educational and/or a research purpose only with the client's consent, providing the client's identity is protected. Audio recordings may be removed from the clinic. Video recordings, because the visual images increased ability to identify, may not be removed from the clinic. A counselor involved in research and/or publication is obligated to protect the identity and welfare of the researched subjects. Informed consent, as specified by SHSU Institutional Review Board guidelines, must be procured.

Audio- and Video-recording

Interns are responsible for supplying their own audio-recorders for taping their sessions. Interns will audio-record <u>all</u> of their sessions. All interns must learn how to operate and care for the video equipment. All sessions occurring in the clinics are video recorded on DVDs (at the CCC) or digitally recorded (at the JSCC). Students are responsible for starting/stopping DVD or digital recorders in the counseling room in which the intern will be counseling clients. If the intern changes counseling rooms, it is the intern's responsibility to make sure the DVD is changed to the recorder assigned to the new counseling room or to stop/start the recording at the JSCC. No DVDs

or digital recordings may be taken from or used outside the Practicum area without permission of the Supervisor. However, doctoral students supervising interns may, with permission of the professor teaching COUN 6376, check-out the intern/supervisee's DVD or digital recording of counseling sessions to be used for supervision purposes. Copies of the recordings may not be made without permission of the faculty.

Student Liability Insurance

During Practicum interns can be held responsible legally and financially for the results of their professional activities. Each intern is required to obtain professional liability insurance which is designed to provide coverage for acts of malpractice, error, or omission in the performance of their duties whether they are actual or alleged. (Note: Acts that are held to be negligent are rarely deliberate).

Insurance can be purchased through several agencies. Brochures may be available in the Supervised Practicum area. Interns who are student members of TCA, ACA, or AACC may obtain liability insurance through these organizations at a reasonable cost. Teachers may find that their Supervised Practice in Counseling activities are covered under their teacher's liability insurance. Some interns have purchased liability insurance through their homeowner's insurance policy.

Referral Services and Relationship with Other Agencies

The Counseling Practicum, through the supervisors and interns, maintains relationships with other departments of the University, as well as public and private agencies. The rationale for such involvement is to provide optimal professional service by being available to campus personnel and community agencies as a referral resource and to have clear channels of communication to resources both on- and off-campus for appropriate use of their services when referring to them. The supervisor and interns will link individuals who need services not available at the Practicum with community agencies when possible.

Code of Ethics/Confidentiality

The Counseling Program abides by the Code of Professional Ethics for the American Counseling Association. All students in the program are expected to follow ACA Code of Ethics from the point of entry into the program through graduation. Practicum interns are expected to perform their duties with integrity and professional competence. The following guidelines are offered for the purpose of maintaining these high standards of service:

- 1. Interns will not misrepresent themselves either by title or professional capabilities.
- 2. No one shall be denied professional service because of his/her race, religion, gender, sexual orientation, political affiliation, or social or economic status.
- 3. Informed consent for the specific counseling service(s) and a signed release for audio- and video-recording must be obtained from the clients prior to proceeding with counseling

sessions. Clients must be informed of the presence of supervisors and student observers.

- 4. Strict confidentiality will be observed at all times in record keeping, recordings, and case presentations. Clinical faculty will maintain and support this confidentiality. The client must provide written permission before any data may be divulged or before the counselor can request information about the client from another professional, except as provided under state law.
- 5. Confidential information which indicates an immediate physical danger to any individual or to the client him/herself may be communicated to the appropriate authority or professional worker, even without the client's consent. The Supervisor must be notified and apprised of the information. The client must also be informed of this communication. Consultation should be sought when necessary and referrals to other health professionals will be made when problems are outside the recognized boundaries of the intern's competence.
- 6. An intern will not use the counseling relationship to further personal interests of any kind. Sexual intimacy with clients is unethical and, in Texas, illegal. The acceptance of gifts is frowned upon. Clients seen in the Supervised Practicum are not to be seen in private practice by the same counselor. An awareness of unethical conduct on the part of a colleague or another professional should be brought to the attention of a faculty supervisor.
- 7. Confidentiality is of primary concern in the waiting room, hallways, and Practicum areas. All supervisors and interns are obligated to protect a client's personal data in verbal discussions. Written data must be appropriately filed. At no time are clients or non-Practicum individuals allowed in the Practicum area except as clients in the counseling rooms.

COUN 6386 Internship I and II

During both semesters of COUN 6386 Internship each student will see clients at an off-campus site. The student intern is responsible for finding his/her own placement and a qualified supervisor (LPC, Licensed Psychologist, LCSW, LMFT, or Licensed Psychiatrist). Students can obtain a list of suggested field sites from the Internship coordinator.

Pre-class Procedures

- 1. While still enrolled in COUN 6376, students download and complete an Internship Packet and Contract, and submit them to the faculty Internship coordinator.
- 2. Secure an internship placement site and a qualified off-campus supervisor prior to submitting the documents to the Internship Coordinator. Failure to secure either one can necessitate blocking the student from the course for that semester.
- 4. Students are required to purchase professional liability insurance prior to the first day of class. Information is available from the course instructor or faculty advisor. This is the same insurance required for COUN 6374 and COUN 6376.
- 5. MCFC students must secure a field placement site where at least 30 hours of the client contact will be with couples and families in each semester. The off-campus supervisor must be able to supervise from a family systems viewpoint.

Course Requirements

- 1. Participate in class activities every other week. Complete other course requirements as designated by the course instructor.
- 2. Complete a minimum of 240 direct client contact hours within 600 hours of total time involvement. Minimally, students complete 300 total hours with 120 of the hours direct client contact hours in COUN 6386 I and the same amount of hours in COUN 6386 II.
- 3. Participate in supervision with the off-campus supervisor for one hour per week. Attend class every other week for three hours.
- 4. Abide by the ACA Code of Ethics at all times.

Appendices

Appendix A: Temporary Study Plans:	
Counseling (M.A. Degrees)	48 & 49
School Counseling (M.Ed. Degree)	50
Appendix B: Counselor Potential Scale	51
Appendix C: Pre-Practicum Proficiencies	52
Appendix D: Supervised Practice in Counseling Proficiencies	
Appendix E: Writing Standards	55

APPENDIX A Temporary Study Plan

MA in Counseling with a specialization in Clinical Mental Health Counseling Department of Counselor Education

Department of Counselor Education College of Education Sam Houston State University

В

Student's Name Degree Plan: Master of Arts (60 hours)/ Counseling	Student ID #
APPLICATION FOR ADMISSION TO CANDIDACY MUST 18 SUCCESSFULLY COMPLETED GRADUATE HOURS.	BE SUBMITTED FOR REVIEW TO COUNSELING FACULTY PRIOR TO ENROLLMENT BEYOND

Pre-requisite: Abnormal Behavior & Human Growth/Lifespan Courses designated with "OL" may be offered either online or face-to-face

*Note: Students are **NOT** guaranteed online or off campus seating.

Required Cours	ses:	<u>Proposed</u> Enrollment Date	<u>Actual</u> Completion
COUN 5311 (5011			
COUN 5364	Theories of Counseling		
COUN 5379	Methods of Research		
COUN 5385	Pre-Practicum Techniques of Counsel	ling	
COUN 5392	Cross Cultural Issues in Counseling		
COUN 5397	Human Growth & Development	(OL*)	
COUN 5334	Effective Human Behavior (prereq 53	97) (OL*)	
COUN 6374	Practicum in Group Counseling (prere	eq 5385)	
COUN 5370	Career Counseling Across Lifespan (p	rereq 5397) (OL*)	
COUN 5394	Crisis and Trauma in Counseling		
COUN 6363	Assessment in Guidance & Counselin	g (OL*)	
Elective (see o	options below)		
Elective (see o	options below)		
Elective (see o	options below)		
COUN 5393	Community Counseling		
COUN 6364	Counseling for Addictions (prereq 536	64)	
COUN 6332	Theories of Marriage & Family Therap	oy (prereq 5364)	
COUN 6376	Supervised Practice in Counseling (prereq Cand	idacv/6363/6374/5334) (100 hrs)	
COUN 0310	caperina a comment of the contract of the cont	,	
	Internship (first semester) (prereq 6376) (300		
COUN 6386		hrs)	
COUN 6386 COUN 6386	Internship (first semester) (prereq 6376) (300	hrs)	
COUN 6386 COUN 6386 60 hr. Program Fo	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300	hrs)	
COUN 6386 COUN 6386 60 hr. Program Fo	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a	hrs) and understand the contents.	(initial)
COUN 6386 COUN 6386 60 hr. Program Fo	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour	hrs) and understand the contents.	
COUN 6386 COUN 6386 60 hr. Program Fo	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a	hrs) and understand the contents.	(initial)
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a	hrs) and understand the contents.	(initial)
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a	hrs) hrs) and understand the contents. by the mandates contained therein.	(initial)
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a the current ACA Code of Ethics and will abide dvising Counseling Professor/Date	hrs) and understand the contents. by the mandates contained therein. Signature of Graduate Studen	(initial)
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A Elective Options: COUN 5391 COUN 5398	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a the current ACA Code of Ethics and will abide dvising Counseling Professor/Date Child and Adolescent Issues In Counseling Sandtray	hrs) hrs) and understand the contents. by the mandates contained therein. Signature of Graduate Student (prereq 5334)	(initial) nt/Date Spring & Summer Summer & Fall
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A Elective Options: COUN 5391 COUN 5398 COUN 5399	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a the current ACA Code of Ethics and will abide dvising Counseling Professor/Date Child and Adolescent Issues In Counseling Sandtray Play Therapy Basics	hrs) hrs) and understand the contents. by the mandates contained therein. Signature of Graduate Student (prereq 5334) (prereq 5364, 5397)	(initial) nt/Date Spring & Summe Summer & Fall Summer & Fall
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A Elective Options: COUN 5391 COUN 5398 COUN 5399 COUN 6331	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a the current ACA Code of Ethics and will abide dvising Counseling Professor/Date Child and Adolescent Issues In Counseling Sandtray Play Therapy Basics Advanced Play Therapy	hrs) hrs) and understand the contents. by the mandates contained therein. Signature of Graduate Student (prereq 5334) (prereq 5364, 5397) (prereq 5399)	(initial) nt/Date Spring & Summe Summer & Fall
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A Elective Options: COUN 5391 COUN 5398 COUN 5399	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a the current ACA Code of Ethics and will abide dvising Counseling Professor/Date Child and Adolescent Issues In Counseling Sandtray Play Therapy Basics Advanced Play Therapy Ethical Issues in MFT	hrs) hrs) and understand the contents. by the mandates contained therein. Signature of Graduate Student (prereq 5334) (prereq 5364, 5397) (prereq 5399) Summer	(initial) nt/Date Spring & Summe Summer & Fall Summer & Fall Spring
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A Elective Options: COUN 5391 COUN 5398 COUN 5399 COUN 6331 COUN 6334	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a the current ACA Code of Ethics and will abide dvising Counseling Professor/Date Child and Adolescent Issues In Counseling Sandtray Play Therapy Basics Advanced Play Therapy	hrs) hrs) and understand the contents. by the mandates contained therein. Signature of Graduate Student (prereq 5334) (prereq 5364, 5397) (prereq 5399)	(initial) nt/Date Spring & Summer Summer & Fall Summer & Fall
COUN 6386 COUN 6386 60 hr. Program Fo I have read I have read Signature of A Elective Options: COUN 5398 COUN 5398 COUN 5399 COUN 6331 COUN 6334 COUN 6337	Internship (first semester) (prereq 6376) (300 Internship (second consecutive semester) (300 cus Plus Orientation Hour the Counseling Program Student Handbook a the current ACA Code of Ethics and will abide dvising Counseling Professor/Date Child and Adolescent Issues In Counseling Sandtray Play Therapy Basics Advanced Play Therapy Ethical Issues in MFT Counseling for Sexual Concerns	hrs) hrs) and understand the contents. by the mandates contained therein. Signature of Graduate Student (prereq 5334) (prereq 5364, 5397) (prereq 5399) Summer (prereq 5334, 6332)	(initial) nt/Date Spring & Summer Summer & Fall Spring Fall & Spring

Temporary Study Plan M.A. in Counseling with a Specialization in Marriage, Couple, and Family Counseling

Department of Counselor Education College of Education Sam Houston State University

__ COUN 6331

Advanced Play Therapy

tudent's Name Student ID # legree Plan: Master of Arts (60 hours)/ Counseling
APPLICATION FOR ADMISSION TO CANDIDACY MUST BE SUBMITTED FOR REVIEW TO COUNSELING FACULTY PRIOR TO ENROLLMENT BEYOND 18 SUCCESSFULLY COMPLETED GRADUATE HOURS.
Note: Courses listed with an "OL" may be offered as either face-to-face or online. Students are not guaranteed online or off campus seating.

Program Pre-requisites: Abnormal Behavior and Human Growth/Lifespan

You must attend a Program Orientation before classes begin (Check with department for date)

Required Cour	ses:		<u>Proposed</u> Enrollment Date	Actual Completion Date
COUN 6334	Ethical Issues in MFT		<u>sum</u>	
COUN 6332	Theories of Marriage & Family Therapy			
COUN 5385	Pre-Practicum Techniques of Counseling			
COUN 5397	Human Growth and Development	(OL)		
OUN 5392	Cross-Cultural Issues in Counseling			
OUN 5379	Methods of Research			
OUN 5334	Effective Human Behavior (p	rereq 5397) (OL)		
COUN 6363	Assessment in Guidance & Counseling	(OL)		
COUN 5364	Theories of Counseling			
COUN 6374	Practicum in Group Counseling (p	rereq 5385)		
OUN 6337	Counseling for Sexual Concerns			
OUN 5394	Crisis and Trauma in Counseling			
OUN 6338	Family Therapy Techniques	(prereq 6332)	summer	
OUN 6364	Counseling for Addictions (prereq 5364	1)		
OUN 6333	Techniques of Couples Therapy (prereq 6	6332)	<u>fall</u>	
OUN 6370	Family Therapy Applications (taken with 6	376 or 6386)	<u>spring</u>	
OUN 5370	Career Counseling Across Lifespan (p	rereq 5397) (OL)		
OUN 6376	Supervised Practice in Counseling (prereq 63	374/5334) (must have ca	andidacy) (100 hrs)	
OUN 6386	Internship (first semester) (prereq 6376) (3	00 hrs)		
COUN 6386	Internship (second consecutive semester) (3	300 hrs)		
I have read	cus Plus Orientation Hour the Counseling Program Student Handboo the current ACA Code of Ethics and can ab			(initial)
Elective Options:	advising Counseling <u>Professor</u> /Date	_	Graduate <u>Student</u> /	
COUN 5391 COUN 5399	Child and Adolescent Issues In Counseling Play Therapy Basics	(prereq 5334) (prereq 5364, 5397)	<u>sp/sum</u> <u>sum/fa</u>	•

(prereq 5399)

Temporary Study Plan M.Ed. in School Counseling

Department of Counselor Education College of Education Sam Houston State University

Student's Name Degree Plan: Master	Sam ID# of Education (48 hours)/School Counseling	-	
APPLICATION FOR A	ADMISSION TO CANDIDACY MUST BE SUBMITTED FOR REVIEW COMPLETED GRADUATE HOURS.	TO COUNSELING FACULTY PRI	OR TO ENROLLMENT BEYOND
Courses designate	ormal Behavior & Human Growth/Lifespan d with "OL" may be offered either online or face-to-face e NOT guaranteed online or off campus seating.		
Required Courses		Proposed Enrollment Date	Actual Completion Date
COUN 5364	Theories of Counseling		
COUN 5392	Cross Cultural Issues in Counseling		
COUN 5385	Pre-Practicum Techniques of Counseling		
COUN 5397	Human Growth and Development	(OL*)	
COUN 5333 fall/sp	Methods of Consultation, Coordination, and Counseling		
COUN 5379	Methods of Research		
COUN 5334	Effective Human Behavior (prereq 5397)	(OL*)	
COUN 6374	Practicum in Group Counseling (prereq 5385/5364)	,	
COUN 5370	Career Counseling Across Lifespan (prereq 5397)	(OL*)	
COUN 6335 fall/sp	Leadership, Advocacy, and Accountability (Only required for School Counselors) (prereq 5333)		
COUN 6363	Assessment in Guidance & Counseling	(0L*)	
COUN 5391 or 5399	Child and Adolescent Counseling/Play Therapy Basics		
COUN 6376	Supervised Practice in Counseling (prereq Candidacy/6363/6	6374/5334) (100 hrs)	
COUN 6386 fall/sp	Internship (prereq 6376) (300 hrs)		
COUN 6386 fall/sp	Internship II (to be taken after Internship I, not concurrently)	(prereq 6386 I) (300 hrs)	
48 Hrs.			
I have read the	Counseling Program Student Handbook and understar	d the contents	
	current ACA Code of Ethics and will abide by the mand		(initial)
Thave read the	content AcA code of Editos and will acide by the manu	ates contained therein.	(initial)
Signature of Advi	sing Counseling Professor/Date Signatu	re of Graduate Student,	/Date
Additional Course Op	tions:		
COUN 5399	Play Therapy Basics (prereq 5364/5397)		er & Fall
COUN 5391 COUN 6331	Child and Adolescent (prereq 5334) Advanced Play Therapy (prereg 5399)	Spring Spring	& Summer
COUN 6331	Ethical Issues in MFT	Summo	er
COUN 6337	Counseling for Sexual Concerns (prereq 5334/6332		
COUN 6332 COUN 6364	Theories of Marriage & Family Therapy (prereq 536- Counseling for Addictions (prereq 5364)	4) Fall, Sp	oring & Summer oring & Summer

APPENDIX B

In atom at a second Diagram			l £ 4 l £ . 11		.1	.1:	!!\\\		.l
Instructors: Please Comments are requ	erate the stu tested for lo	ident on eac w ratings. E	n of the follow Evaluation sho	ang variai ald be ma	oies by p ide in co	piacing a mpariso	n A II on to all	i one oi i first vea	.ne spac .r gradu
students; therefore	, it is expec	ted that ma	ny ratings ma	y fall in tl	he avera	age rang	e. Resu	ılts may	be shar
with the student. Potential as a grad	uate studen	t and counc	elor						
i otentiai as a grad	uute studen							i	
1	2	<u>3</u> ξ ₁	<u>4</u> ξ_		5		6		7
	ξ		ξ_		— <u></u> ₹	ξ		 ξ	
Very limited	Low po	otential	Ave	erage pote	ential		Hig	ح gh poten	
at this time		s time		at this tin	ne			t this tin	
			Areas	<u> </u>					
Very Low	I	I	4		1		ı	7	,
AGIA TOM]	Identifiable	Interest in W	elfare of C	Others				Very
1			4					_	7
Very Low			4					/	Verv
.014 20	•	Rec	eptivity to Fe	edback			•		
1			4					7	7
Very Low								/	Very
		A	cademic Pote	ntial					
1			4 .					7	7
Very Low		T.	nterpersonal S	11:11.					Very
		11	nerpersonar s	KIIIS					
1	1	1	4		ī		ı	7	,
Very Low			Participatio	n					Very
			Turticipatio						
1	l	ĺ	4		1		ı	7	1
Very Low		Acceptance	of Diverse Id	eas and V	alues				Very
y clinical judgment:		support this	student's con	tinuation	in the	arogram			
					-				
	1 1 1 (uo noi sudd	ort this stude	at 8 contil	เนสเเบก	m me pi	ıograin.	•	

Date

APPENDIX C: Pre-Practicum Proficiencies

COUN 5385 PROFICIENCIES REQUIRED FOR A GRADE OF "B" OR ABOVE

PROFICIENCY CHECKLIST

1	Student is able to establish a working relationship when counseling peers in practice session.
2	Student can identify the nonverbal behaviors in the practice counseling sessions of both the counselor and the client.
3	Student can identify the presenting problem of the practice clients.
4	Student can identify the content of the practice client's statement.
5	Student can identify the feelings of the practice client's statement.
6	Student attends to the practice client using SOLER (Egan): S Squarely faces the client O is Open – arms and legs are not crossed L Leans toward the client to indicate interest E Eye contact conveys understanding R Relaxed in nonverbal behaviors
7	Student responds accurately to the content of the client's message.
8	Student responds accurately to the feelings of the client's message.
9.	Student can demonstrate how to open and close a counseling session.

APPENDIX D: CNE 6376-Supervised Practice in Counseling CACREP CMHC & MCFC Standards (No SC standards are addressed in 6376)

To complete CNE 6376, all standards must be met as competent or proficient.

<u>Novice</u>: Minimal to no demonstration of the stated proficiency. Student has been unable to apply the necessary skill in their practice with clients.

<u>Competent</u>: The student has been able to demonstrate an ability to utilize the stated proficiency appropriately at a basic level, albeit inconsistent. Practice is required in order to improve the implementation of the skill with clients.

<u>Proficient</u>: The student demonstrates an ability to appropriately implement the stated skill on a consistent basis with clients. Skills are applied in a way that demonstrates an in-depth understanding of client therapeutic needs.

Rubric			
Standards	Novice (1)	Competent (2)	Proficient (3)
1. Applies multicultural competencies to clinical mental health			
counseling involving case conceptualization, diagnosis,			
treatment, referral, and prevention of mental and emotional			
disorders. (CMHC D.2)			
2. Applies current record-keeping standards related to clinical			
mental health counseling. (CMHC D.7)			
3. Screens for addiction, aggression, and danger to self and/or			
others, as well as co-occurring mental disorders. (CMHC H.3);			
Demonstrates the ability to use procedures for assessing and			
managing suicide risk. (MCFC D.4);			

PRACTICE SKILLS	Novice (1 pt.)	Competent (2 pts.)	Proficient (3 pts.)		
Counseling, Prevention, and Intervention					
4. Uses the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling. (CMHC D.1);					
5. Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer clients when appropriate. (CMHC D.9);					
6. MCFC Demonstrates the ability to apply and adhere to ethical and legal standards in marriage, couple, and family counseling (MCFC B.1)					
7. MCFC Uses systems theories to implement treatment, planning, and intervention strategies (MCFC D.3)					
Diversity & Advocacy		1			
8. Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations. (CMHC F.3); Demonstrates the ability to provide effective services to clients in a multicultural society (MCFC F.1).					
Assessment		1			
9. Selects appropriate comprehensive assessments interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of (continued)					

assessment protocols. (CMHC H.1); Uses systems assessment models and procedures to evaluate family functioning. (MCFC H.2)		
10. Demonstrates skill in conducting an intake interview, a mental status evaluation, a bio-psychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management. (CMHC H.2); Applies skills in interviewing, assessment, and case management for working with individuals, couples, and families from a system's perspective. (MCFC H.1)		
Research Skills		
11. Develops measureable outcomes for clinical mental health counseling programs, interventions, and treatments. (CMHC J.2); Develops measurable outcomes for marriage, couple, and family counseling programs, interventions, and treatments. (MCFC J.2).		

Assessment of Treatment Planning and Transcript						
Evaluative Item	Novice (1)	Competent (2)	Proficient (3)			
12. Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling. (CMHC D.5)						
13. Analyzes and uses data to increase the effectiveness of clinical mental health counseling interventions and programs. (CMHC J.3)						
Research S	kills					
11. Develops measureable outcomes for clinical mental health counseling programs, interventions, and treatments. (CMHC J.2); Develops measurable outcomes for marriage, couple, and family counseling programs, interventions, and treatments. (MCFC J.2).						

Assessment of Treatment Planning and Transcript					
Evaluative Item	Novice (1)	Competent (2)	Proficient (3)		
12. Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling. (CMHC D.5)					
13. Analyzes and uses data to increase the effectiveness of clinical mental health counseling interventions and programs. (CMHC J.3)					

In order to complete COUN 6376, all proficiencies must be met with a rating of average or better.

	Poor	Below Ave.		Above	Excellent
<u>Proficiencies</u>			Average	Average	
		Practice			
Able to develop rapport and a beneficial counseling relationship					
Responds accurately to content					
Responds accurately to feelings					
Responds accurately at Carkhuff Level 4					
Is timely and thorough in documentation					
		Personal			
Demonstrates ethical behavior					
Demonstrates use of good judgment in counseling skills					
Is able to accept and learn from feedback					
Is an asset to the profession					

Appendix E: Writing Standards

The Counselor Education Department Writing Standards were developed with the following purposes in mind:

- □ Provide students with a set of standard expectations for all graduate level written work;
- □ Provide students with a tool to review their own writing and measure it against a set of standards before submitting their work; and
- □ Provide faculty members with a tool to use when communicating with students about how they can improve their writing. Where student writing falls below an "Acceptable" level of performance, students are expected to request help from faculty and/or the Sam Houston State University Writing Center.

Evaluation	A	В	С	F
Categories	Academic	Acceptable	Insufficient	Failure
	Excellence	Performance	Achievement	
Purpose	> Clearly articulated central theme > Clear transitions from point to point > Paragraphs support topic sentences > Originality of the task is clear	 Generally clear and appropriate central theme No more than two unclear transitions from point to point Paragraphs support topic sentences 	 Unclear central theme More than two unclear transitions from point to point More than two paragraphs without supporting topic sentences 	 No central theme Transitions from point to point are unclear and confusing No supporting topic sentences for paragraphs
Thesis	OriginalInsightfulWell-articulated	May lack originalityMay lack insightClear, plausible	UnoriginalNo insight revealedIdentifiable but vague	> Theme non- existent
Support/Argume nt	Critically reasonedArguments strategically	Soundly reasonedArguments well- placed	Some reasoning providedArguments wander or jump around	> Little or no reasoning provided

placed > Well	> Sufficient substantiated with	> Little substantiation with	Lack of arguments for
<pre>substantiated with reliable, relevant evidence</pre>	reliable evidence	evidence	thesis No substantiation with evidence or
0.1-11011-0			contradictory use of evidence

Evaluation	A	В	С	F
Categories	Academic Excellence	Acceptable Performance	Insufficient Achievement	Failure
Audience/Reader(s)	 Exemplary response to reader's needs Actively engages reader through author's insightful stance regarding the topic Topic clearly identifiable, understandable, and founded on extensive research 	 Solid response to reader's needs Engages the reader through author's knowledgeable stance regarding the topic Topic identifiable, understandable, founded on research 	 Minimal response to reader's needs Minimal attempts made to engage the reader by author's stance regarding the topic Topic is vaguely identifiable, not founded on research 	➤ Ignores reader's needs ➤ Does not engage the reader by author's stance regarding the topic ➤ Topic nonexistent or too vague
	Evidence presented through a flawless logical sequence that motivates the reader to critically reflect and analyze both simple and complex points embedded in the writing	Adequate, relevant evidence presented through a logical sequence, sufficiently founded on research	➤ Minimal evidence presented to support the major point(s)	➤ Insufficient or erroneous evidence presented for support of major point(s)

Evaluation Categories	A Academic Excellence Mastery in All Areas	B Acceptable Performance Competent Understanding	C Insufficient Achievement Elementary Understanding	F Failure Lacks Understanding
Style	 Mastery of specific research guidelines Sophisticated content analysis Effective written/language/ communication 	 Meets specific research guidelines Basic content analysis Effective written/language/ communication 	 Meets basic research guidelines Minimal content analysis Adequate written/ language/communication 	 Meets some research guidelines Lacking content analysis Inadequate written/ language/communication
	 Clearly and thoroughly informs the reader Engages the reader's interest throughout 	 Thoroughly informs the reader Engages the reader's interest in some places 	 Informs the reader in some places Minimally engages the reader's interest 	 Does not inform the reader Does not engage the reader's interest
	 Clearly defined central focus Focus maintained throughout paper 	Central focusFocus maintained throughout most of paper	 General focus Focus appears occasionally throughout the paper 	Focus not definedFocus does not appear anywhere
	Well-organized analysisConnects ideas logically	Organized analysisGenerally connects ideas	 Analysis exists, not organized Does not clearly connect ideas 	Analysis non-existentNo connection of ideas
	 Strongly supports concepts with appropriate data and reference citations 	Supports concepts with data and reference citations	 Does not support concepts with data and reference citations 	➤ Lacks support of any kind

Correct, varied sentence structures	 Correct sentence structures, some variation 	 Simplistic sentence structures, minimal variation 	 Significant errors in sentence structure
 Language is concise and specific and mechanically correct 	Language is mechanically correct	 Language contains several noticeable errors in mechanics 	Language contains many noticeable errors in mechanics

Evaluation	A	В	С	F
Categories	Academic Excellence	Acceptable Performance	Insufficient Achievement	Failure
Mechanics and Point of View	➤No errors in grammar	➤ Minimal errors in grammar ➤ Minimal errors in sentence	Frequent eerrors in grammar distract the reader	➤ Multiple errors in grammar interfere with reading
Avoids	➤ No errors in sentence structure	structure	>Frequent errors in sentence	>Multiple errors in sentence
distracting readers and applies the	No run-on sentences or comma splices	➤ Minimal number of run-on sentences and/or comma splices	structure ➤ Frequent run-on sentences and/or comma splices	structure >Multiple run-on sentences and/or comma splices
"EPS" System:	➤ Minimal to no spelling errors	Some minor spelling errors	_	-
EditProofread	Sources always appropriately documented and cited	Sources usually documented and cited correctly	➤ Frequent errors in spelling that distract the reader	➤ Multiple errors in spelling that interfere with reading
Spell Check	➤ The "first" and "third" person always used correctly	The "first" and "third" person used correctly with few errors	> Frequent errors in the documentation of sources and citations > Frequent errors in the usage of the	➤ Multiple errors in the documentation of sources and citations ➤ Multiple errors in the usage of the
			"first" and "third" person	"first" and the "third" person
Organization	➤ Organized seamlessly to clarify the thesis	➤ Organized so that ideas connect fluidly and sensibly	➤ Weak organization and transitions	➤ Lacks any organization
		➤Structure generally clear and	➤Structure weak or unclear	
	Reflects structure, logic and analysis necessary to support	appropriate		➤ Structure unclear because thesis is weak or non-existent
	thesis Introduction, conclusion, transitions and other organization strategies clear	➤Introduction and conclusion are solid transitions are used, although may be unclear or may need to be stronger	➤Transitions are few or weak	➤ Transitions and writing strategies are awkward, confusing, unclear or missing
	and strong	➤ Paragraphs well-developed, focused and positioned	➤ Paragraphs require greater	➤ Paragraphs under-developed, lack focus or cohesion
	➤ Paragraphs fully developed and positioned	Some paragraphs lack strong topic sentences	development	➤ Topic sentences nonexistent in paragraphs
	➤ All paragraphs contain strong topic sentences		➤ Many paragraphs without topic sentences	

Handbook location:

http://www.shsu.edu/dotAsset/0239c576-aa70-41f5-ab76-bd4e72f81eac.pdf